

# All Saints' Catholic Voluntary Academy Policy Document

*Corinthians: Now there are varieties of gifts, but the same Spirit; and there are varieties of service, but the same Lord; and there are varieties of activities, but it is the same God who empowers them all in everyone.*

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Policy: PSCHE Policy

Prepared for: All Saints' Catholic Voluntary Academy

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## Approval

Approved by	Approval date	Review Date
Chair of Governors	January 2020	January 2022

School Information:	All Saints' Catholic Voluntary Academy
Consultation:	This policy covers our school's approach to Personal, Social, Health and Citizenship Education (PSCHE). The policy was produced by the Assistant Head Teacher for Personal Development; Helen Flint, and ratified by Governor; Alison Fawley. Guidance provided by the DfE document: Relationships Education, Relationships and Sex Education (RSE) and Health Education Statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams and teachers.
Dissemination:	This policy is to be shared with staff, pupils, parents, carers, governors, and any outside agencies/external providers prior to their visit to the school.
Definition:	PSCHE helps to give students the knowledge, skills and understanding they need to lead confident, healthy and independent lives. It aims to help them in developing personally and socially and it tackles many of the moral, social and cultural issues that affect young people today. It equips students with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions. We use PSCHE to build, where appropriate, on the statutory content already outlined in the DfE Relationships Education, Relationships and Sex Education (RSE) and Health Education Statutory guidance and the subject specific school curriculum. RSE is an important part of PSCHE education and is statutory in maintained secondary schools, <i>please refer to specific RSE policy.</i>
Aims:	<p>Our PSCHE programme aims to support young people to embrace change, feel positive about who they are and enjoy healthy, safe, responsible and fulfilled lives. Our learning objectives, fulfilled through the engagement of students in active learning opportunities, enable students to recognise and manage risk, take increasing responsibility for themselves, their choices and behaviours and make positive contributions to their families, schools and communities. Our PSCHE programme promotes and reflects the All Saints Way and our Catholic values of respect, equality and cooperation. Students learn to recognise, develop and communicate their qualities, skills and attitudes. Students accumulate knowledge, confidence and self-esteem in order to realise their true potential. As they explore similarities and differences between people and discuss social and moral dilemmas, they learn to deal with challenges and accommodate diversity in all its forms.</p> <p>The topic areas covered include:</p> <ul style="list-style-type: none"> <li>• <b>Respectful relationships, including friendships</b></li> <li>• <b>Families</b></li> <li>• <b>Being safe</b></li> <li>• <b>Intimate and sexual relationships, including sexual health</b></li> <li>• <b>The Law</b></li> <li>• <b>Mental wellbeing</b></li> </ul>

	<ul style="list-style-type: none"> <li>• <b>Internet safety and harms</b></li> <li>• <b>Physical health and fitness</b></li> <li>• <b>Healthy eating</b></li> <li>• <b>Drugs, alcohol and tobacco</b></li> <li>• <b>Health and prevention</b></li> <li>• <b>Basic first aid</b></li> <li>• <b>Changing adolescent body</b></li> </ul>
<p>Relation to School Aims:</p>	<p>PSCHE links directly with our mission statement “Through Catholic values and principles, everyone will achieve their full potential, spiritually, academically, socially, morally and physically.”</p> <p>PSCHE is taught as a progressive programme to ensure all topic areas are covered throughout the key stages. With each delivery of each topic, the level of demand increases and learning is progressively deepened. The PSCHE curriculum consists of discrete timetabled lessons for Years 7-11. Students are taught by their class teachers or from external agencies and speakers such as Sexions, Generation-R, Challenge team and First Aid training providers. For Y12-13 they have external agencies to deliver sessions in addition to tutors during allocated tutor times. Students’ personal, social and emotional development is also underpinned by our Catholic school ethos and gospel values, where all are valued and positive relationships are seen as paramount. A safe and secure school environment is created which is conducive to learning. All Saints Academy is very much a part of the local community this helps provide the foundation for many of the PSCHE lessons, in particularly in relation to our work within Maun Valley Citizens.</p> <p>We strive to create a PSCHE curriculum which ensures the present and future wellbeing of students and has relevance in meeting their learning needs in response to local and national statistics. We acknowledge that Relationships and Sex Education is the right and responsibility of the parent. All Saints Academy provides relationships and sex education to support parents in fulfilling this responsibility. If parents are not happy with what the school provides in its basic curriculum, for example in PSCHE lessons, with regard to relationships and sex education they have a right to withdraw their child/children from those aspects of relationships and sex education not covered by the National Curriculum Science Order. Parents should state their wish to remove their child from such activities in writing to the Assistant Head Teacher, Helen Flint.</p> <p>Please note in this school safeguarding young people is paramount. All staff have received training in relation to the Prevent Duty and understand their responsibility to prevent extremism and radicalisation. Students have also been advised via PSCHE and assemblies about the issues surrounding this.</p>
<p>Teaching and Learning Style:</p>	<p>We know that active engagement in learning, rather than passively receiving information, is most effective in teaching PSCHE education. Students need opportunities to clarify</p>

	<p>their values and beliefs and rehearse and develop enquiry based, interpersonal skills.</p> <p>The PSCHE curriculum is based on the learning outcomes from the PSCHE programme of study; Health and well-being, Living in the wider world and Relationships, with guidance from the DfE Relationships Education, Relationships and Sex Education (RSE) and Health Education Statutory guidance.</p>
<p><b>Organisation:</b></p>	<p>The PSCHE curriculum is co-ordinated and planned by Helen Flint (Assistant Head Teacher).</p> <p>All students within the school receive at least one PSCHE per half term which is taught by their class teacher, to allow for them to build positive relationships and feel comfortable in the conversations they are having. This compliments the personal development programme that incorporates assemblies, acts of worship and external agency sessions. This is taught by a number of teachers and all resources are planned and produced by the PSCHE co-ordinator. We utilise the NHS SEXIONS team to help teach RSE across key stages in addition to using external providers such as; Freed Beeches, Generation-R and the Challenge Team. A copy of the year outline can be found on the school website link.</p>
<p><b>Relationships to other Curriculum Areas:</b></p>	<p>Science – e.g. Drugs, vaccinations and SRE          Religious Education - SRE.          PE – Healthy lifestyles.          DT Food – Healthy Eating.          ICT – Online safety          Careers and the Work Related Learning programme.</p>
<p><b>Assessment, Recording and Reporting:</b></p>	<p>As with any learning process assessment of students' personal, social and emotional development is important. It provides information which indicates students' progress and achievement and informs the development of the programme. Students do not pass or fail within PSCHE but have the opportunity to reflect on their own learning and personal experiences and set personal goals and agree strategies to reach them, which are recorded in their personal development booklet, during tutor time. The process of self-assessment has a positive impact on student's self -awareness and self -esteem. We do not assess students in all areas of the PSCHE programme, however, opportunities for students to reflect on their progress is identified. It is inappropriate to assess students' values. In some cases, it will be possible to observe and assess how students apply their knowledge, skills and understanding in simulated or real experiences. There are opportunities to record learning and progress in different ways. Celebration of achievement contributes to building students' self -esteem, developing a sense of community and belonging, helps create a positive atmosphere in the academy and develops student's sense of pride. Students are rewarded using sims achievement points in recognition of effort and progress in PSCHE. Having being awarded both the Silver Eco Schools Award and Careers Mark offers</p>

	opportunities to celebrate success. Lessons are also part of the whole school QA process and are reviewed through staff, parent and student voice.
Monitoring and Evaluation:	Helen Flint (Assistant Head Teacher) is responsible for monitoring and reviewing this policy.
Staff Training:	Staff receive Safe Guarding and Prevent training twice per year and receive any updates as and when necessary.
Resources Available:	All resources are produced and shared with teaching staff prior to all delivered sessions. Examples can be seen below: - All Saints PSCHE webpage <a href="http://www.allsaints.notts.sch.uk/main.asp?page=11">http://www.allsaints.notts.sch.uk/main.asp?page=11</a> - SMSC grid - <a href="https://www.gridmaker.net/allsaintsnotts/index.php">https://www.gridmaker.net/allsaintsnotts/index.php</a> - Challenge team - <a href="https://challengeteamuk.com/">https://challengeteamuk.com/</a> - Freed Beeches Eating Disorder Service - <a href="http://www.freedbeeches.org.uk/schools">http://www.freedbeeches.org.uk/schools</a>
Relation to other policies:	Safe Guarding policy Anti-bullying policy Anti-racism policy Behaviour policy RSE policy Equality action plan Careers policy