



All Saints' Catholic Voluntary Academy

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“We shall serve.”

Mark 10:45 - *“For even the Son of Man came not to be served but to serve, and to give his life as a ransom for many.”*

15th October 2025

Dear Parents / Carers,

I would like to take this opportunity to write to you in advance of the Year 11 and 13 mock examinations taking place in November. The mock exams run between Monday 3rd November and Wednesday 19th November and the exam timetable can be found on our school website using the following link <https://www.allsaints.notts.sch.uk/information-2/examinations/>. The mock exams are an important event within the academic year, and they provide students with a chance to replicate the real exam experience and highlight strengths and areas for development that students can build on in the run up to the full examination season in May.

Students have been given the following advice about their preparation for the mock exams -:

- A revision timetable should be created to plan where revision should take place for each subject. This should initially prioritise subjects with exams at the beginning of mock exam period taking place at the start of November. Students have all been given a paper copy of a revision timetable with an overview of mock exam topics that they should have personalised, and a digital copy has been emailed to them with guidance as to how to fill it in, so please do ask to see this in order to support them with their revision planning.
- Students can access revision lists for each subject on the VLE. These will outline the topics that need to be revised for each exam. The VLE also contains past exam papers to help students practise their exam skills and other supporting revision materials. The materials for each subject can be accessed through the link below. Students will need to use their school username and password to access the materials.
<https://ascatholicacademy.sharepoint.com/sites/AllsaintsVLE>
- Students have been trained on how to use a range of revision techniques to support with their preparation for the mock exams. Flash cards, brain dumps and Look, Cover, Say, Write, Check are recommended revision techniques for students to use in the run up to the mock exams. To access information about how students could use these active revision strategies, please use the link below. These ‘how to’ videos communicate how each of these named techniques should be used and how parents / guardians can effectively support their child with revision.
<https://www.allsaints.notts.sch.uk/teaching-learning/homework/>
- The All Saints’ Absolutes knowledge organisers that contain the key knowledge that students need for each topic within every subject can be accessed through the link below. These knowledge organisers should be used to help students in their preparation for the mock examinations.
<https://www.allsaints.notts.sch.uk/teaching-learning/student-absolutes/>

"Leaders have high expectations of all. Pupils, including Sixth Form students, respond well to this challenge. They are determined to succeed."

We appreciate that students can experience heightened levels of anxiety during mock examinations and I would like to signpost the Mental Health and Wellbeing section of the school website as a useful source of advice and guidance for any student who needs support over the coming weeks (<https://www.allsaints.notts.sch.uk/parents/wellbeing/>). Students have been given the following advice to support with their self-care during the mock exam period -:

- Students should revise in small chunks of around 30 minutes with a break in between each 30 minute chunk. It is advised that students use their revision timetable to plan out which subjects and topics will be revised each evening.
 - Students should not spend any more than 90-120 minutes revising on school days. This may be increased at weekends or during school holidays depending on the time allocated for revision on the student revision timetable.
 - Students have been encouraged to continue with any hobbies and pastimes and to build in time away from school work with friends and family. We encourage a balanced approach to study and want students to be able to enjoy time on their other interests as this is important to maintain good mental health.
 - Students should get appropriate levels of sleep (putting electronic devices away at night) and maintain a good diet with a healthy breakfast and plenty of hydration.
 - If students have a part-time job outside of school, the hours at work should be limited to allow for appropriate focus on study and revision.
- It would be appreciated if f parents / guardians could support their child by -:
- Being a 'study buddy' by asking your child about their revision, testing them on their revision notes and ensuring appropriate time is being allocated to revision.
 - Ensuring that your child is maintaining healthy habits around a balanced approach to school work and other interests, getting enough sleep and eating well through the mock examination period.

I hope you find this information useful in helping your child with their preparation for the mock examinations. If you would like any further advice about how your child can be supported through the mock examination period, beyond the information shared here, please do not hesitate to contact us and we would be happy to respond to any questions and provide guidance.

Yours faithfully,



Mr C Hutchinson
Acting Deputy Headteacher