

PSCHE Half Term 6

Year 7 Online safety

Lesson 1: My Life on Screen

To learn:

That they have online lives and they need to take steps to safeguard themselves.

Lesson 2: Social Media and Reality

To learn:

How we present ourselves online

Who and what content influences us online

Lesson 3: Trusted adult

To learn:

To understand what a trusted adult is

To identify trusted adults in their own lives

Lesson 4: Influencers

To learn:

Identify different influencers and their fandom names

What a social influencer is and what they do

How influencers make money

Lesson 5: What is AI

To learn:

about what artificial intelligence (AI) is and how it is used in our daily lives.

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Year 8

Mental Health

Lesson 1: Change, loss and grief

To learn:

about the effects of change, loss and grief

strategies for managing these and accessing support

Lesson 2: Supporting a friend

To learn:

ways to support a friend when they are struggling with their mental health

Lesson 3: Empathy with others

To learn:

to communicate their own needs and wants for the future

to evaluate potential outcomes of their decisions

to be empowered to make informed, human led decisions

Lesson 4: Empathy with myself

To learn:

to value and celebrate diversity.

the existence and impact of systemic and historical prejudices.

acknowledge and challenge any personal biases and explore how these prevent us connecting with others.

Lesson 5: RESPCT ME session

Year 7: Self Esteem - Respect ME

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Year 9

Careers

Lesson 1 – What are my skills?

By the end of the session, students should be able to:

Explain why developing and recording skills now is important for the future world of work

Reflect on their own skills and achievements

Explain how skills can be developed and the benefits of accepting help, advice and support

Lesson 2 – The main learning pathways

By the end of the session, students should be able to:

Identify a learning pathway they'd like to explore further

Name pathways, qualifications, skills, and progression opportunities related to an example career

State sources of further information about learning pathways

Lesson 3 – Taking control of your career journey

By the end of the session, students should be able to:

Identify the career needs and wants of themselves and others

Understand how to take the initiative in developing their career journey

Reflect on how to overcome barriers people face on their career journey

Lesson 4 – Working and earning: managing your money

By the end of the session, students should be able to:

Identify some of their employment rights as a school-age worker

Calculate a monthly wage from an hourly rate or annual salary

List some essential and non-essential expenditure when creating a budget

Lesson 5 – What is the Labour Market and why is it important?

By the end of the session, students should be able to:

Define the labour market and labour market information

Identify different types of labour market information

Compare labour market information

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Year 10

RSE

All RSE sessions are delivered using Ten:Ten

Lesson 1: Authentic freedom

To learn:

the objective reality of sex and how this might impact people's decisions around relationships

Lesson 2: Self image

To learn:

about different experiences of body shame

notions of dignity and modesty in relation to the body

consider that are bodies are good as part of our unique combination of body and soul

Lesson 3: Beliefs, values and attitudes

To learn:

the meaning of the terms beliefs, values and attitudes

that we should integrate them regularly to ensure we are living the way we intend

Lesson 4: Pregnancy and abortion

To learn:

about the early stages of life in the womb, abortion methods and legality

sex as often being divorced from the possibility of parenthood

Lesson 5: Abuse

To learn:

about the four main types of abuse

how to look out for danger signs, resist pressure, access support

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Year 12

Physical Health

Students will be taking part in a sporting activity of their choice throughout the half term to promote the importance of maintaining good physical health.