



ALL SAINTS' CATHOLIC ACADEMY



Parent Bulletin - December 2024

Lord, as we begin this season of Advent with expectation, help us to bring hope, peace, joy and love into the hearts of all whom we encounter, through our thoughts, prayers and actions. Help us to work together, in service of our community and guided by the light of our faith, so that the true message of this special time is felt by all. Amen.

Personal Development

Please find details for the NHS attached regarding:

[Nottinghamshire Health Family Teams details](#)

We would also like to share information about:

Online Parenting Courses - Family Lives

Being a parent has never been easy. There are no manuals for it, and previous generations may not be able to provide the insight you're looking for. The family unit is more dispersed than ever, with some families existing hundreds of miles from what may be called a 'core unit'. The rapid pace of societal change in the UK rapidly outstrips the knowledge of the immediate past. The result is that many parents may find themselves lost in a maelstrom of contradictory advice. For adults, time has never been more compacted. Family Lives has produced a series of online parenting courses, to make this challenge a little easier. If interested, please follow the link below:

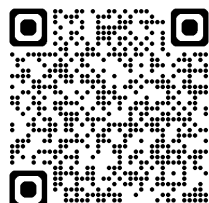
<https://www.familylives.org.uk/how-we-can-help/online-parenting-courses>

Family Lives offers a confidential and free* helpline service for families in England and Wales (previously known as Parentline). They can be contacted on 0808 800 2222 for emotional support, information, advice and guidance on any aspect of parenting and family life. Their website is also a rich source of useful support and advice. (* Free from landlines and most mobiles)

Personal, Social, Health & Citizenship Education, including Relationship & Sex Education:

A reminder to please go to our school website, following the link below to see up to date information on the Personal, Social, Health and Citizenship Education, which incorporate Relationship and Sex Education.

[RSE/PSCHE - All Saints' Catholic Voluntary Academy - Mansfield](#)



Parent and Carers Involvement Group

Do you want to make a difference to Children and Young People's Health Services?

Why not join our Parent and Carer Involvement Group?



Our meetings will be held

via MS Teams on:

the first Tuesday of every month from 1pm to 2pm

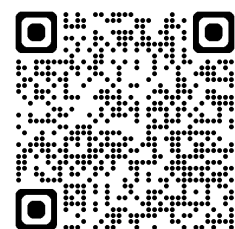
Help shape Children and Young People's Health Services

Share your feedback and real-life experience of services



For more information and to register, please scan the QR code or use the link below. Under Current Opportunities, click 'Adult Involvement Opportunities (18+)' to find the project details:

<https://nottinghamshirehealthcare.nhs.uk/iev-involvement-partner-opportunities>





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ALL SAINTS' CHAPLAINCY

We Shall Serve

What a privilege it has been to share the sacramental journey with the 42 young people (31 of whom are from All Saints', along with others from the Our Lady and All Saints Parish) who were confirmed last night by Bishop Patrick at St Philip Neri Church.

They were shining examples of living out our Catholic Life and Mission, putting their faith first and living out our school mission, 'We Shall Serve' through their ministries over the course of the journey.

May they always feel the presence of the Holy Spirit in their lives and may they share the gifts and fruits of the Spirit with all whom they encounter.

Well done to all our young people, catechists, clergy, sponsors and families!





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All Saints' Way

The All Saints' Way theme leading up to the end of the Advent term is "Never Give up!" In the Celebration of the Word, students are being asked to never give up thinking about the season of Advent and what they hope for during this important period.



Reminders

As we approach the end of this academic year, we encourage students to remember our CALM mantra as they move around the school, whilst waiting for lessons and when in the classroom.

Uniform reminder: As the weather turns colder, please be aware that the uniform policy states:

Allowed: Grey plain knitted v-neck jumper. Sweatshirts / cardigans are not allowed

Black round neck jumpers or hoodies under blazers are not allowed. Students should be encouraged to bring a warm, dark coat to keep them warm at break and lunch.

Also if students are in PE kit, the hoodie worn must be an All Saints' hoodie with the school badge.



STUDENT COUNCIL

The student council are working hard to come up with lots of fun activities to raise money for student council. Week commencing 9th December there will be bake sales, find the elf and Christmas competitions. We hope students enjoy the activities and support the fundraising.



"let your light shine before others, so that they may see your good works" Matthew 5:16

As we come to the end of this term we look forward to the commendation ceremonies taking place seeing all of the students achieving in their academic subjects and also pastorally. We will also be celebrating all students in Year 7-11 with excellent attendance and low behaviour points. These students had the opportunity to come together and enjoy our "Chat and Treat".



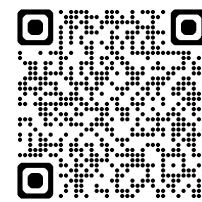
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Mental Health and Wellbeing:

Mental Health and Wellbeing reminder: Please remember that the link on our website is: Mental Health & Wellbeing - All Saints' Catholic Voluntary Academy - Mansfield.



← The trust Mental Health and Wellbeing space link is: Mental Health & Wellbeing (mentalhealthandwellbeing.space) In addition, if you have any questions or specific concerns regarding your child's well-being then please email the address: wellbeing@allsaints.notts.sch.uk



CAREERS

Careers Fair: On Wednesday 27th November we hosted our 1st careers Fair, all students were able to attend – students completed an interaction card to help them find out about the pathways into a range of careers. Fully completed cards have gone into a prize draw for 3 separate Amazon vouchers. Good luck to all entrants.

Unifrog: Students all use Unifrog within their Careers lessons. Parent/carers' are also able to access this platform using these details: Sign In - Unifrog / Parent code: ALSCparents



Careers advisor appointments:

Our Careers advisor will be available to make face to face appointments on the dates below between 15.45–18.30. We will email closer to the date to make an appointment.

Alternatively,

you can email Darby.R@allsaints.notts.sch.uk directly.

Please remember you can also visit our school website: **Careers - All Saints' Catholic Voluntary Academy - Mansfield.**



Parents Evening – Progress career dates (in conjunction with Progress Evening in school)

Year 11 – Tuesday 14th January 2025

Year 10 – Monday 19th May 2025

Year 8 – Wednesday 5th February 2025

Year 9 – Thursday 26th June

Sixth form information evening – Thursday 3rd July 2025





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Online Safety

An average child spends 6.5 hours a day on screen over Christmas & New Year. No doubt many children will have new devices on their Christmas lists as well!

Why not have a go at implementing some of the top tips below to reduce the screen time of children this Christmas.



1. LEAD BY EXAMPLE

IT is extremely difficult to persuade your children that spending too long staring at screens isn't a good idea if they see that you are always looking at your phone or tablet.

Make sure you set a good example by limiting your own time spent staring at devices.

2. SET BOUNDARIES

Make sure they're aware of when phones are not to be used. Decide what your rules are as a family. Do you eat together screen free? Do you say no screens before bed? Do you expect family screen free time during the day?

3. NO CHARGERS IN ROOMS

This can help ensure children get a good night's sleep as they aren't woken by their phones during the night.

4. ENGAGE IN MORE FAMILY ACTIVITIES

Christmas can be a good time to have some non-screen time playing board games as a family, sport or even just going for a bike ride can help reduce screen time.

5. TALK AND LISTEN

WITH everybody locked in their own worlds staring at their private screens, we can often forget how powerful chatting is. Start chatting – ask them about school, friends, or any concerns they might have. Engage in anything to keep those lines of communication open and make sure you listen effectively too.

6. TURN OFF THE TV

WHEN you're not watching the television, switch it off. Don't just leave it on as the background to everything else you are doing. Get into the habit of turning the TV on when you want to watch a specific programme then switch it off when it's finished.

7. FOMO

Don't let them miss out on life because of the fear of missing out

MANY children are anxious they will lose out socially or friendship-wise if they are not always on the case and up-to-date screen wise. Reassure them that while you understand the fear of missing out (FOMO), it is better if they decide for themselves what they really want to keep up with – and how to use their screen time more efficiently to do that.

8. LET CHILDREN HAVE INPUT

INVOLVE the children in the limiting process. Rather than making rigid rules – which is more likely to make them furtive screen watchers – let them negotiate how they can use that time.

Talking about programmes their friends are watching will make them feel part of the changes, rather than having boundaries forced upon them.



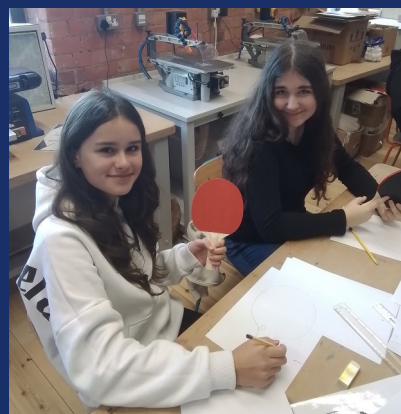
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The cast of Aladdin, our school show for 2025 have been hard at work during their rehearsals. Staff have been blown away by the students' enthusiasm, energy, effort and commitment when blocking scenes, learning choreography and the music for our live performances. This is the largest cast we've ever had and cannot wait for you to see all their hard work in March. Keep your eyes peeled to meet the cast and crew over the next coming months!



This term the Design and Technology Department has conducted four trips to the Museum of Making in Derby for Y7-9. Ordinarily the museum is free to visit and well worth a trip as an educational day out for families.



GCSE ART

Christmas Exhibition 2024

Monday 16 December

In A1 & A2, 4:30pm - 6:30pm

The All Saints' Art & Design Department would like to take this opportunity to invite you along to a celebratory exhibition evening.

A chance for you and all the family to visit the art department and see a selection of your Son/daughter's GCSE Art coursework.



OUR LADY OF LOURDES
CATHOLIC MULTI-ACADEMY TRUST



GET INTO TEACHING

Information Evening

Wednesday 4th Dec 2024
The Becket School, West
Bridgford, NG2 7QY
4pm-6pm



Book your place

Drop in and speak to one of our friendly team.

Primary and Secondary Places available

Contact Us

Vanessa Scott

v.scott@becketonline.co.uk



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Special Educational Needs
& Disabilities

If you have a child that is on the SEND register and would like to arrange a review meeting to highlight any potential concerns that you may have enabling us to make further support available, review / change support plans and discuss the needs of your son/daughter please contact Miss Candlin at the school at admin@allsaints.notts.sch.uk,

The meeting will be with either the key worker linked to your son / daughter's year group or the school SENDCo.

What fantastic entries for the Anti Bullying competition. So many creative ideas and it was really hard to choose a winner. But well done to:

8-JSY (Industria)

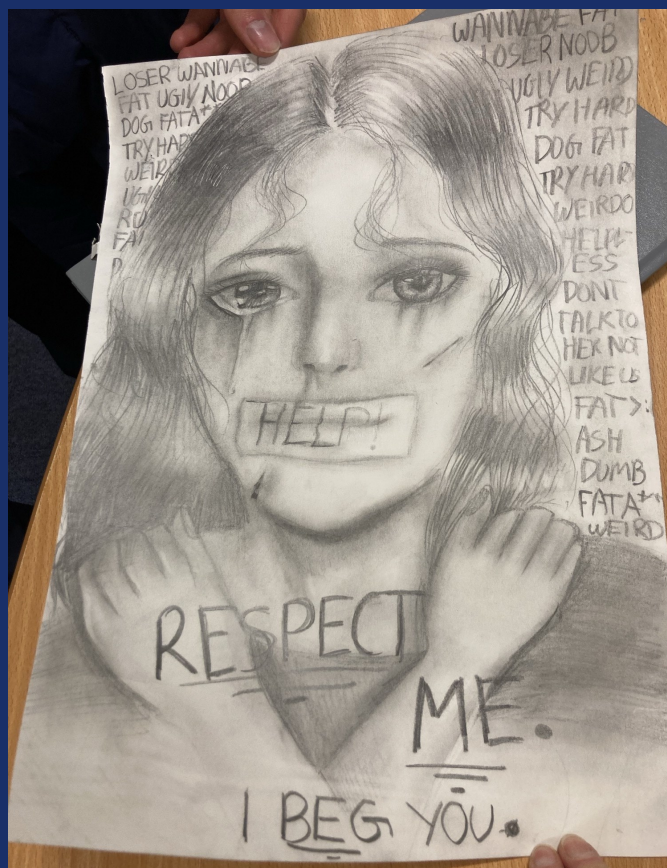
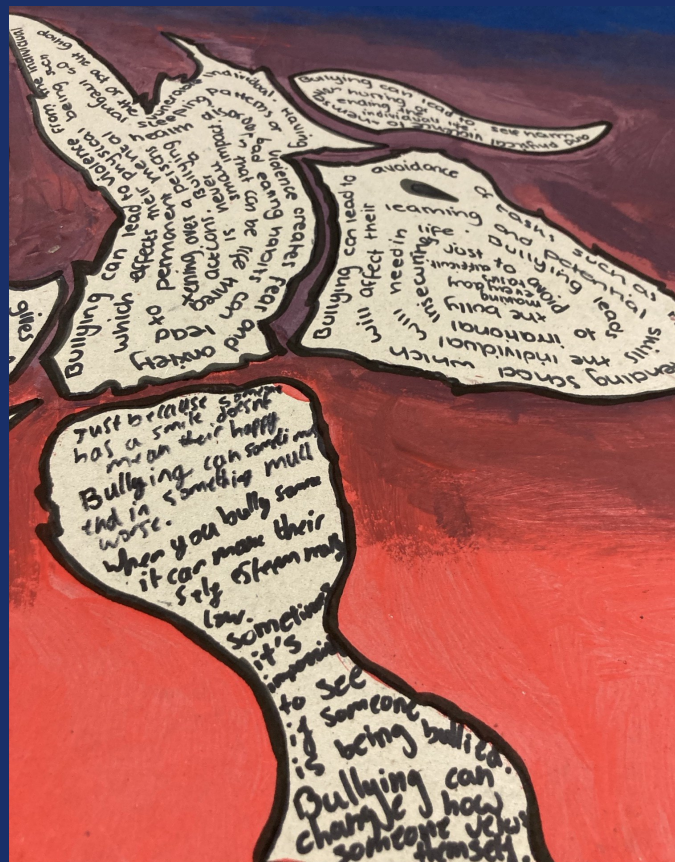
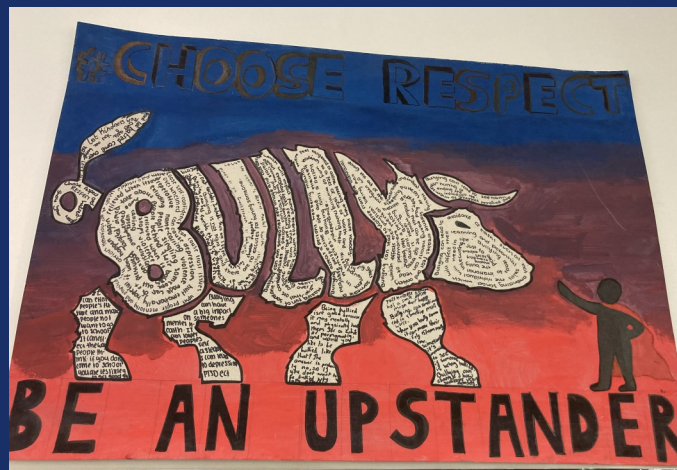
7-CBS (Fidem)

9-GMX (Caritas)

10-RSD (Vocare)



Plus individual mentions for M Davies Y10 and R Don Y7 Students created posters, murals, raps and even performed a play! Well done all!



Parent and Carer Planner 2024-2025 Academic Year Term 1

INSET Day on Monday 2nd December- Students not in school.

Tuesday 10th December

Year 11 and 13 Reports and Mock Results Day.

Monday 16th December

Year 12 and 13 Progress Evening for Parents. In Person.

Students finish school on Friday 20th December and return to school on Monday 6th January.