

## ALL SAINTS'

## CATHOLIC VOLUNTARY ACADEMY

Parent Bulletin – w/b 18/03/24

## Thought for the Week:

THE 5TH WEEK OF

The Word of the Week is:

JOURNEY

"Trust in the Lord with all your heart and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths." PROVERBS 3:5-6 Lent is a time of journeying with Jesus Christ. It is a time of reflecting on our lives, repenting our sins and growing in our faith.

The journey of Lent is a challenging one, but it is also a rewarding one. It is a journey that can help us to grow closer to God so that we are ready to truly celebrate Jesus Christ's resurrection at Easter.

As a school, we focus this week on praying and reflecting on the words of the Our Father, as the Church is doing. During these final weeks of your Lenten journey, think about your next steps. How are you preparing to greet the risen Christ? Think about what you can leave behind and about what God is calling you to do on your journey.

## Reminders/information:

<u>All Saints' Way</u> – This week's All Saints' Way theme is Inspire! We are always looking for ways to inspire our students and for them to take the lead and inspire others to do their very best in and out of school.



**Sporting success** - Following on from the Year 7 indoor athletics success, our Year 8 girls and boys' teams on Wednesday won the Year 8 Mansfield competition. Both teams will now represent Mansfield in the Nottinghamshire games next month. This is an amazing achievement. Well done to those involved!

<u>Safeguarding update</u> - Your child can get a lot out of YouTube, but there are some risks too, such as contact from strangers or seeing unsuitable videos. Follow the steps in the attached factsheet to help keep your child safe.

<u>Careers Café</u> - The 'careers cafe' continues this week where we invite colleges, universities and employers into school during lunchtime. This is available for Year 7-13 to gain information and ask any questions. On Thursday  $21^{st}$  March we have representatives from adult social care.



#### **Homework Club**

A reminder that homework club is available for students in the John Paul Centre Tuesdays and Thursdays after school until 4.30pm.



#### **Science Week**

British Science Week is a ten-day celebration of Science, Technology, Engineering and Maths that took place between 8 - 17 March 2024! This year's themes was time and last week in Science lessons students enjoyed a variety of activities and experiments to celebrate this week.



## Personal Development:

Mental health and Wellbeing: Bound forward (Bounce Forward - The leading experts in psychological fitness) — the leading experts in Psychological fitness have created a resource (attached) to support young people with having a healthy sleep routine.

**Kooth** also have parent/carers sessions to support young people during the exam season.

In April we're also running webinars specifically to **help parents and carers support children sitting exams**. Please let parents know about this free session, especially if they are worried about their child's anxiety:

Link to share with parents in school emails or on parent portals:

Mon 22 Apr. 1-2pm

Thu 25 Apr. 6-7pm

Mental Health and Wellbeing reminder: Please remember that the link on our website is: Mental Health & Wellbeing - All Saints' Catholic Voluntary Academy - Mansfield. In addition, if you have any questions or specific concerns regarding your child's wellbeing then please email the address: wellbeing@allsaints.notts.sch.uk

**Careers:** Nottingham Trent University have an 'Exploring University together' event for Year 10 students, details below and poster attached: Saturday 20 April (10:30-13:00) or Thursday 2 May (17:30-20:00). Scan the QR code for more information:

Careers reminder: Please remember you can also visit our school website: Careers - All Saints' Catholic Voluntary Academy - Mansfield.

**Free School Meals** - Derbyshire County Council administers the applications for **Free School Meals** for students studying at All Saints' Catholic Voluntary Academy. Please use the link below to apply.

https://www.derbyshire.gov.uk/education/schools/your-child-at-school/meals/school-meals/free-school-meals.aspx If your child is in receipt of **Free School Meals**, you may be able to receive support with payments for school trips and uniform. If you are unsure whether you are entitled to claim, please complete the eligibility form on the website to check.

If you experience any difficulties please let us know and we will ask Derbyshire County Council to assist.





## **Exploring University Together 2024**

## Year 10 pupils will have the opportunity to:

- · Visit NTU or the University of Nottingham
- · Hear from staff and students from both universities
- Ask your questions about Higher Education
- Experience a university environment
- Attend with your parent/carers



Scan the QR code for more information and to sign up!

#### **Event Dates**

Saturday 20 April (10:30-13:00) or Thursday 2 May (17:30-20:00)



## Parent and Carer Planner 2023-2024

Wednesday 21st February (All week)	Year 11 and 13 Mock Exams
Monday 26th February (All week)	Year 11 and 13 Mock Exams
Monday 4th March until 12th March	Year 12 Exams
Thursday 7th March	Year 7 Progress Evening for Parents. Online
Thursday 21st March	School Show
Friday 22nd March	School Show
Thursday 28th March	Year 11, 13 and 12 Data Drop
	Year 12 Reports
Students break up on Thursday 28th March and return to school on Monday 15th April.	
Week beginning 15th April	Year 7 to 10 Data
Monday 15th April until 26th April	Year 11 MFL Speaking Exams (Actual)
Monday 22 <sup>nd</sup> April	Year 10 Exams Week
Monday 6 <sup>th</sup> Ma <u>y</u> - Bank Holiday	
Thursday 9 <sup>th</sup> May	GCSE Exams Begin
Friday 10 <sup>th</sup> May	Year 11 Drama Exam
Monday 13th May (All Week)	Year 9 Exams Week
Monday 20 <sup>th</sup> May	Year 10 Progress Evening for Parents. Online
Week beginning 20th May	Year 10 Exam Results and Report
Friday 24 <sup>th</sup> May	Year 13 Leavers' Mass
Students break up on Friday 24th May and return to school on <b>Monday 3rd June</b> .	
Week beginning 17 <sup>th</sup> June	Year 9 Exam Results and Report
Wednesday 19th June	Year 9 Progress Evening for Parents. Online
Friday 21st June	Year 13 Prom
Monday 24 <sup>th</sup> June (All Week)	Year 12 Exams
Thursday 27 <sup>th</sup> June	6th Form Information Evening for Year 10. In Person
Friday 28th June	Provisional end date for Year 11 and 13 External Exams.
Monday 1st July	Provisional Sports Day
Friday 5th July	Year 11 Prom
Week beginning Monday 8th July	Year 7 to 10 Data
Tuesday 16th July	Year 12 Exam Results
Friday 26th July	Students break up for the Summer.
Thursday 15th August	A LEVEL RESULTS DAY (8am – 10.30am)
Thursday 22 <sup>nd</sup> August	GCSE RESULTS DAY (9am – 10.30am)

# Keep your child safe on YouTube



## What's the problem?

- Videos that look like they're child-friendly can include violent or disturbing content, and it's difficult for YouTube to catch all of these videos before children see them
- Inappropriate videos may be suggested videos, or appear in search results
- Adults may use YouTube to contact children and 'groom' them into sharing explicit pictures or videos of themselves
- Children might see videos with extremist content
- Children can share personal information, e.g. the street they live on or their school, which could put them in danger

## 5 steps to take

## 1. Turn on 'restricted mode' to help hide videos that may have inappropriate content

#### On the website:

- Click on the icon in the top-right corner that represents your YouTube account
- > At the bottom, click 'Restricted Mode'
- In the top-right box that appears, click 'Activate restricted mode' to turn on

## In the iPhone and iPad app:

- In the top right, tap your profile picture
- > Tap 'Settings' > 'General'
- Turn 'Restricted Mode' on or off

#### In the **Android app**:

- In the top right, tap your profile picture
- > Tap 'Settings' > 'General'
- Turn 'Restricted mode' on or off

### 2. Keep autoplay turned off and manage recommendations

Autoplay is turned off by default for users aged 13 to 17.

To check autoplay is off, check the 'Autoplay' toggle in a video page and make sure it's toggled to off. Depending on your device, this may show in the top right of the screen, or below the video.

You can also use the 'Don't recommend channel' option to remove channels from your recommendations. To do this:

- Click the 3 dots next to a video's title
- Select 'Don't recommend channel'

### 3. Tell your child not to share any personal information in videos or comments

This is anything that could identify them or give away their location, like the name of the street they live on, their school name or their school uniform.

## 4. Check for comments on videos your child uploads

YouTube disables comments on videos of children, but videos can be missed – so do still regularly check for comments made on any videos your child shares.

Look out for comments asking for more specific videos or personal information.

## 5. Flag inappropriate videos and comments to YouTube

Use the 'flagging feature' to prompt YouTube staff to check content and decide whether to block or restrict it in line with its community guidelines:

- > On the page with the video, tap the 3 dots ('more') icon next to a video or comment
- > Select 'Report' (this is a flag icon in Android and iPhone and iPad apps)
- Select the reason for flagging, and provide any extra details you think will help YouTube staff