

All Saints' Catholic Voluntary Academy Policy Document

Corinthians: Now there are varieties of gifts, but the same Spirit; and there are varieties of service, but the same Lord; and there are varieties of activities, but it is the same God who empowers them all in everyone.

Policy: PSCHE Policy

Prepared for: All Saints' Catholic Voluntary Academy

Approval

Approved by	Approval date	Review Date
Chair of Governors	January 2020	January 2022
Chair of Governors	January 2022	January 2024
Governors	January 2024	January 2026

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1. Consultation:

This policy covers our school's approach to Personal, Social, Health and Citizenship Education (PSCHE). The policy was produced by the Assistant Head Teacher for Personal Development; Helen Flint, and ratified by Governor; Alison Fawley. Guidance provided by the DfE document: Relationships Education, Relationships and Sex Education (RSE) and Health Education Statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams and teachers.

2. Dissemination:

This policy is to be shared with staff, pupils, parents, carers, governors, and any outside agencies/external providers prior to their visit to the school.

3. Definition:

PSCHE helps to give students the knowledge, skills and understanding they need to lead confident, healthy and independent lives. It aims to help them in developing personally and socially and it tackles many of the moral, social and cultural issues that affect young people today. It equips students with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions. We use PSCHE to build, where appropriate, on the statutory content already outlined in the DfE Relationships Education, Relationships and Sex Education (RSE) and Health Education Statutory guidance and the subject specific school curriculum. RSE is an important part of PSCHE education and is statutory in maintained secondary schools, *please refer to specific RSE policy*.

4. Aims:

Our PSCHE programme aims to support young people to embrace change, feel positive about who they are and enjoy healthy, safe, responsible and fulfilled lives. Our learning objectives, fulfilled through the engagement of students in active learning opportunities, enable students to recognise and manage risk, take increasing responsibility for themselves, their choices and behaviours and make positive contributions to their families, schools and communities. Our PSCHE programme promotes and reflects the All Saints Way and our Catholic values of respect, equality and cooperation. Students learn to recognise, develop and communicate their qualities, skills and attitudes. Students accumulate knowledge, confidence and self-esteem in order to realise their true potential. As they explore similarities and differences between people and discuss social and moral dilemmas, they learn to deal with challenges and accommodate diversity in all its forms.

The topic areas covered include:

- **Respectful relationships, including friendships**
- **Families**
- **Being safe**
- **Intimate and sexual relationships, including sexual health**
- **The Law**
- **Mental wellbeing**
- **Internet safety and harms**
- **Physical health and fitness**
- **Healthy eating**

- **Drugs, alcohol and tobacco**
- **Health and prevention**
- **Basic first aid**
- **Changing adolescent body**

In addition to delivering the statutory guidance for RSHE, students also receive lessons on:

- **Careers, Information, Advice and Guidance (CEIAG)**
- **British values and finance.**

5. Relation to School Aims:

PSCHE links directly with our mission statement “Through Catholic values and principles, everyone will achieve their full potential, spiritually, academically, socially, morally and physically.”

PSCHE is taught as a progressive programme to ensure all topic areas are covered throughout the key stages. With each delivery of each topic, the level of demand increases and learning is progressively deepened. The PSCHE curriculum consists of discrete timetabled lessons for Years 7-13. Students are taught by teachers that generally specialise in a specific topic, for which they receive training for or from external agencies and speakers such as Ten:Ten, Nottingham Trent University, WizeUp Financial Education and Mansfield District Council or equivalent local firms. Students’ personal, social and emotional development is also underpinned by our Catholic school ethos and gospel values, where all are valued and positive relationships are seen as paramount. A safe and secure school environment is created which is conducive to learning. All Saints’ Catholic Voluntary Academy is very much a part of the local community this helps provide the foundation for many of the PSCHE lessons.

We strive to create a PSCHE curriculum which ensures the present and future wellbeing of students and has relevance in meeting their learning needs in response to local and national statistics. We acknowledge that Relationships and Sex Education is the right and responsibility of the parent. All Saints’ Catholic Voluntary Academy provides relationships and sex education to support parents in fulfilling this responsibility. If parents are not happy with what the school provides in its basic curriculum, for example in PSCHE lessons, with regard to relationships and sex education they have a right to withdraw their child/children from those aspects of relationships and sex education not covered by the National Curriculum Science Order. Parents should state their wish to remove their child from such activities by emailing admin@allsaints.notts.sch.yuk

Please note in this school safeguarding young people is paramount. All staff have received training in relation to the Prevent Duty and understand their responsibility to prevent extremism and radicalisation. Students have also been advised via PSCHE and assemblies about the issues surrounding this.

6. Teaching and Learning Style:

We know that active engagement in learning, rather than passively receiving information, is most effective in teaching PSCHE education. Students need opportunities to clarify their values and beliefs and rehearse and develop enquiry based, interpersonal skills.

The PSCHE curriculum is based on the learning outcomes from the DfE Relationships Education, Relationships and Sex Education (RSE) and Health Education Statutory

guidance. Resources are sourced from various providers, with the majority coming from the PSHE Association and Ten:Ten.

7. Organisation:

The PSCHE curriculum is co-ordinated and planned by Lauren Sims (Leader Learner for PSCHE) and overseen by Helen Flint (Assistant Head Teacher for Personal Development). All students within the school receive 4/5 x 1-hour lesson per week, taught by a teacher specialising in a specific topic area, to allow for them to build positive relationships and feel comfortable in the conversations they are having. This compliments the Personal Development programme that incorporates assemblies, Celebration of the Word and tutor time sessions. This is taught by a number of teachers and all resources are planned and produced by the PSCHE co-ordinator. We utilise Ten:Ten to help teach RSE across key stages in addition to using external providers such as: , Nottingham Trent University, WizeUp Financial Education and Mansfield District Council or equivalent local firms. A copy of the year outline can be found on the school website: [RSE/PSCHE - All Saints' Catholic Academy](#).

8. Relationships to other Curriculum Areas:

Science – e.g. Drugs, vaccinations and SRE
Religious Education – RSE.
PE – Healthy lifestyles.
DT Food – Healthy Eating.
ICT – Online safety
Careers and the Work-Related Learning programme.

9. Assessment, Recording and Reporting:

As with any learning process assessment of students' personal, social and emotional development is important. It provides information which indicates students' progress and achievement and informs the development of the programme. Students do not pass or fail within PSCHE but have the opportunity to reflect on their own learning and record this through an assessment sheet completed each half term, reflecting on the topic areas taught and how well the information has been understood.

The process of self-assessment has a positive impact on student's self -awareness and self -esteem. We do not assess students in all areas of the PSCHE programme, however, opportunities for students to reflect on their progress is identified. It is inappropriate to assess students' values. In some cases, it will be possible to observe and assess how students apply their knowledge, skills and understanding in simulated or real experiences. There are opportunities to record learning and progress in different ways. Celebration of achievement contributes to building students' self -esteem, developing a sense of community and belonging, helps create a positive atmosphere in the academy and develops student's sense of pride. Students are rewarded using sims achievement points in recognition of effort and progress in PSCHE. Lessons are also part of the whole school QA process and are reviewed through staff, parent and student voice.

10. Monitoring and Evaluation:

Helen Flint (Assistant Head Teacher) is responsible for monitoring and reviewing this policy.

11. Staff Training:

Staff complete Safe Guarding and Prevent training every September, receive updates through staff briefing once a month and one-hour training session delivered to all teaching staff and teaching assistants in January and/or June. Any new staff joining the school throughout the course of the year would receive Safe Guarding training.

12. Resources Available:

All resources are produced and shared with teaching staff prior to all delivered sessions.

PSCHE/RSE programme: [RSE/PSCHE - All Saints' Catholic Academy](#)

Ten:Ten online parent portal: [Online Parent Portal – Enter \(tentenresources.co.uk\)](#)

PSHE Association: [Resources and Curriculum | pshe-association.org.uk](#)

13. Relation to other policies:

Safe Guarding policy

Anti-bullying policy

Anti-racism policy

Behaviour policy

RSE policy

Equality action plan

Careers and provider access policy