

# Why is it important to attend school **every day**?

Having good attendance and being on time is proven to help boost your child's achievement, social development and mental health. It ensures your child feels safe and supported.

**Attendance is a priority in our school and is closely monitored.**

**You must report your child's absence to the school office.**

**DID YOU  
KNOW?**

80% attendance over 5 years = **1 whole year** of school missed!

**DID YOU  
KNOW?**

**One day missed of school, can mean three days of catching up with learning for your child**

- Research shows that young people with high levels of attendance have better SATs and GCSE results.
- Regular attendance also improves young people's social and emotional development which boost essential key life skills.
- Missing learning causes anxiety and missing playtimes really affects developing friendships.
- If your child isn't in school, it's hard for them to develop their core skills.

## How can **you** help?

**DID YOU  
KNOW?**

There are **190 school days** in a year meaning there are **175 days left for holidays and appointments!**

- Try to arrange planned family trips and activities during the school holidays.
- Schedule doctor and dental appointments either before school or after school hours.
- If an appointment during school hours cannot be avoided, ensure your child is in school for as much of the day as possible.
- Try and set good routines at home including good sleep patterns.
- Take an interest in your child's school work and be actively involved in school, Parents Evenings and other events.
- Contact the school if attendance is becoming a problem. We can work together to improve things.