

ALL SAINTS'

CATHOLIC VOLUNTARY ACADEMY



Parent Bulletin – w/b 29/01/24



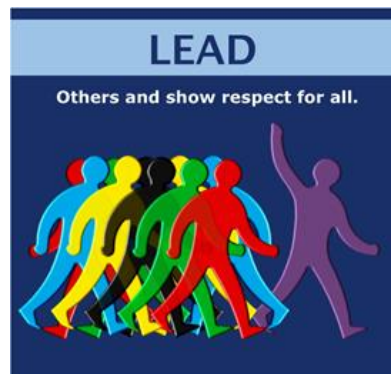
Thought for the Week:

Leadership is about serving others and inspiring a difference in the world. It is about being a witness to your faith and presenting yourself as a role model for others so they can grow in their faith too.

Think about the ways that you serve and lead others. Give thanks to God for your leadership qualities and for all those in your lives who lead and guide you on your journey.

Reminders/information:

All Saints' Way - This week's All Saints' way theme continues to be Lead! We always encourage students to lead by example and be the best ambassador for the school both in and out of lessons.



Careers Café - The 'careers cafe' continues this week where we invite colleges, universities and employers into school during lunchtime. This is available for Years 7-13 to gain information and ask any questions. On Wednesday 31st January, we have the University of Sheffield with us, and on Friday 2nd February the NHS dental services are visiting.



Rewards - During the Advent commendation ceremonies the form with the best attendance and the best conduct won a certificate to display proudly in their tutor base, they also received a pizza treat at tutor time to celebrate together. Congratulations to the following forms:

7ANS and 7DSA
8HDW and 8LMR
9CHT and 9JNH
10HDN and 10APN
11CCE and 11MDN

Charity - fundraising - Amazing efforts so far from Fidem (Year 11) and Vocare (Year 9). Such a great variety of events including cake sales, a mobile phone amnesty, a fundraising fair and penalty shoot outs. We will reveal the final amounts raised once all money has been collected.

Safeguarding updates - Please be aware of an app called Telegram. This is an app that is being increasingly used by criminals and drug dealers to message young people for the selling and distribution of drugs. We recommend that you regularly monitor the phones of your children. Please remember that they can easily delete apps and then reload. If you go on the app store, you can search for any app and see if it has been previously downloaded and is in the 'cloud'.

Snapchat has recently added a 'Meet Up' feature. If your child is sharing their location, other users would be able to get directions to where your child is. Encourage them to turn their location sharing off, and only be 'friends' on the app with people they know and trust offline. See our factsheet later in the bulletin for more information on how to keep your child safe on Snapchat.

Personal Development:

Wellbeing – Saturday 27th January was Parent Mental Health Day, set up by Stem4 (supporting teenage mental health). If you are interested in learning more please go to: [Parent Mental Health Day - 27th January - stem4](#)

Wellbeing reminder: Please remember that the link on our website is: [Wellbeing - All Saints' Catholic Voluntary Academy - Mansfield](#). In addition, if you have any questions or specific concerns regarding your child's wellbeing then please email the address: wellbeing@allsaints.notts.sch.uk

Careers update – Please find the Career of the Month, produced by Progress Careers attached at the end of the bulletin.

5-11th February is National Apprenticeship week. Students will be doing various activities in tutor time during this week. If you are interested in learning more about apprenticeships, there are a choice of webinars that you can attend detailed below:

- **Saturday 10th February – Parents/Carers Day**
9:00 “A Parents & Carers Guide to understanding Apprenticeships”
Eventbrite link - <https://www.eventbrite.co.uk/e/a-parent-carers-guide-to-understanding-apprenticeships-900am-tickets-745343330967?aff=oddtcreator>
- **11:00 “A Parents & Carers Guide to understanding Apprenticeships”**
Eventbrite link – <https://www.eventbrite.co.uk/e/a-parent-carers-guide-to-understanding-apprenticeships-1100am-tickets-745489869267?aff=oddtcreator>

- **13:00 “A Parents & Carers Guide to understanding Apprenticeships”**

Eventbrite link - <https://www.eventbrite.co.uk/e/a-parent-carers-guide-to-understanding-apprenticeships-100pm-tickets-745493319587?aff=oddtcreator>

Please also find a reminder for Year 8 students, the option to arrange an appointment with our careers' advisor detailed below:

Monday 5th February 2024 (In school, parents evening is 31/1/2024 and Year 8 Options evening is 7/2/2024.

You can arrange a slot directly with Rebecca, between 4.30-7.00pm Email: Rebecca.Darby@progress-careers.co.uk

Careers reminder: Please remember you can also visit our school website: [Careers - All Saints' Catholic Voluntary Academy - Mansfield](#).

Free School Meals - Derbyshire County Council administers the applications for **Free School Meals** for students studying at All Saints' Catholic Voluntary Academy. Please use the link below to apply.
<https://www.derbyshire.gov.uk/education/schools/your-child-at-school/meals/school-meals/free-school-meals.aspx>

If your child is in receipt of **Free School Meals**, you may be able to receive support with payments for school trips and uniform. If you are unsure whether you are entitled to claim, please complete the eligibility form on the website to check.

If you experience any difficulties please let us know and we will ask Derbyshire County Council to assist.

CALLING CATHOLIC TEACHERS

*Do you know somebody who is a practising Catholic and who is a teacher or senior leader working in a school outside of the Catholic sector? The Diocese of Nottingham along with the Catholic Multi-Academy Trusts is leading a virtual information session about working in a Catholic school on **Monday 4 March** from 7.00pm – 8.00pm.*

For further information, please contact: Julie Sweeney at the Diocesan Education Service (julie.sweeney@nottingham-des.org.uk).

Parent and Carer Planner 2023-2024

Week beginning 8 th January 2024	Year 7-10 Data Information. Year 7 Reports.
Monday 8 th January (All week)	Year 11 Mock Speaking Exams for MFL
Tuesday 16 th January	Year 11 Progress Evening for Parents. In Person
Week beginning 22 nd January	Year 8 Reports
Wednesday 31 st January	Year 8 Progress Evening for Parents. In Person
Wednesday 7 th February	Year 8 Options Afternoon
Wednesday 7 th February	Year 8 Options Information for Parents. Online
Wednesday 7 th February	Year 11 Drama Exam
Thursday 8 th February	Year 11 Drama Exam
INSET Day on Friday 9 th February- Students not in school. Students return to school on Monday 19th February.	
Wednesday 21 st February (All week)	Year 11 and 13 Mock Exams
Monday 26 th February (All week)	Year 11 and 13 Mock Exams
Monday 4 th March until 12 th March	Year 12 Exams
Thursday 7 th March	Year 7 Progress Evening for Parents. Online
Thursday 21 st March	School Show
Friday 22 nd March	School Show
Thursday 28 th March	Year 11, 13 and 12 Data Drop Year 12 Reports
Students break up on Thursday 28 th March and return to school on Monday 15th April.	
Week beginning 15 th April	Year 7 to 10 Data
Monday 15 th April until 26 th April	Year 11 MFL Speaking Exams (Actual)
Monday 22 nd April	Year 10 Exams Week
Monday 6 th May - Bank Holiday	
Thursday 9 th May	GCSE Exams Begin
Friday 10 th May	Year 11 Drama Exam
Monday 13 th May (All Week)	Year 9 Exams Week
Monday 20 th May	Year 10 Progress Evening for Parents. Online
Week beginning 20 th May	Year 10 Exam Results and Report
Friday 24 th May	Year 13 Leavers' Mass
Students break up on Friday 24 th May and return to school on Monday 3rd June.	
Week beginning 17 th June	Year 9 Exam Results and Report
Wednesday 19 th June	Year 9 Progress Evening for Parents. Online
Friday 21 st June	Year 13 Prom
Monday 24 th June (All Week)	Year 12 Exams
Thursday 27 th June	6 th Form Information Evening for Year 10. In Person
Friday 28 th June	Provisional end date for Year 11 and 13 External Exams.
Monday 1 st July	Provisional Sports Day
Friday 5 th July	Year 11 Prom
Week beginning Monday 8 th July	Year 7 to 10 Data
Tuesday 16 th July	Year 12 Exam Results
Friday 26 th July	Students break up for the Summer.
Thursday 15 th August	A LEVEL RESULTS DAY (8am – 10.30am)
Thursday 22 nd August	GCSE RESULTS DAY (9am – 10.30am)

Keep your child safe on Snapchat

Snapchat is an app for sending photos and videos (known as 'Snaps'), and text messages. The 'Stories' feature lets users share photos or videos with all their contacts at once.

Snaps disappear after being opened, usually within seconds. Stories disappear after 24 hours. Images and messages aren't automatically saved on phones.

The **minimum age** to use Snapchat is **13**, but it's easy to sign up if you're younger.

What's the problem?

- There's a risk of seeing sexual content, and of bullying
 - Your child's location could be shared automatically with their contacts, which could put them in danger if they have strangers as 'friends' on the app. A new 'Meet Up' feature allows people to get directions to another user's location, if they're sharing their location
 - There's a risk of children being 'groomed' by strangers into sharing pictures and information about themselves. Gangs also use apps to groom and recruit children
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4 steps to help your child use Snapchat safely

1. Tell your child to only use it with real friends

Anyone could pretend to be a child or teenager online, so encourage your child not to talk to people they don't know in real life. Encourage them not to share information such as what school they go to or where they live with people they don't know offline.

2. Use privacy settings

By default, only 'friends' your child has added on Snapchat can contact them directly and see their story or location, so encourage your child to keep those default settings.

To check and change the settings:

- Tap the person icon in the top-left of Snapchat, then the cog in the top-right
- Scroll down to the 'Privacy Control' section and tap the relevant options (e.g. 'Contact Me' and 'View My Story')
- Under 'See My Location', enable 'Ghost Map' to turn location sharing off
- Under 'See Me In Quick Add' you can stop your child's profile from being suggested to strangers as a potential 'friend'

3. Talk to your child about image sharing and being careful about what they share

Even though images disappear in Snapchat, they can be screenshotted and then shared – outside of the original sender's control.

So, remind your child to think carefully about the images they share, and with whom. Before they share anything, tell them to ask: "Would I be happy for other people to see this?"

In particular, make sure your child knows the risks of **taking, sharing or viewing naked or sexually explicit pictures of themselves or another child, either voluntarily or if asked to by someone else.**

This is known as 'sharing nudes and semi-nudes' or 'sexting' and is illegal, even when the person doing it is a child. It can also be distressing for a child to have their image shared more widely, or to see an inappropriate image that someone else has shared.

4. Make sure your child knows how to use reporting and blocking functions

- To **report** a Snap or Story, press and hold on it, tap 'Report Snap', then explain the problem
- To **remove** or **block** a friend, swipe to the right to go to the 'Chat' screen, then tap and hold on the person's name. Tap 'Manage Friendship', then choose 'Remove Friend' or 'Block'

What can I do about online bullying?

- Encourage your child to talk to you if someone says something upsetting or hurtful to them
- Look for signs they may be being bullied, like being afraid or reluctant to go to school, feeling nervous, losing confidence or becoming distressed and withdrawn, or losing sleep
- Tell our school about any bullying your child experiences

There are also a few ways you can save images and messages as evidence:

- Use another device to, quickly, take a photo of the image or message (this is the only way you can save the image without other people knowing)
- Tap on the message, quickly, to save it (other people will know, from the grey background)
- Take a screenshot, quickly (the person who shared it will get a notification)
- Change your 'delete' settings to save messages for 24 hours – swipe to the right to go to the 'Chats' screen, tap and hold a friend's name, then 'Chat Settings' > 'Delete Chats...' > '24 Hours after Viewing'

What can I do if I think my child is being targeted by a gang?

Share your concerns with our school immediately. You can also contact the NSPCC for advice – call 0808 800 5000 or email help@nspcc.org.uk.

Be alert to changes in your child – such as having new unexplained possessions, changing friendship groups, behaviour and mood changes, or unexplained injuries.

Sources used for this factsheet

- [Sharing nudes and semi-nudes, NSPCC](https://www.nspcc.org.uk/keeping-children-safe/online-safety/sexting-sending-nudes/)
<https://www.nspcc.org.uk/keeping-children-safe/online-safety/sexting-sending-nudes/>
- [Snapchat Support, Snapchat](https://support.snapchat.com/en-US)
<https://support.snapchat.com/en-US>
- [Instagram biggest for child grooming online – NSPCC finds, BBC News](https://www.bbc.co.uk/news/uk-47410520)
<https://www.bbc.co.uk/news/uk-47410520>



CAREER OF THE MONTH...

ENVIRONMENTAL SCIENTIST

AVERAGE SALARY £22,000-£45,000

As we step into February, a month that hosts World Wetlands Day and National Apprenticeship Week, it's the perfect time to explore the role of an Environmental Scientist. This career is deeply connected with the environment and is crucial in understanding and protecting ecosystems like wetlands. It's a job where every day contributes to saving our planet.


JOB DESCRIPTION

Environmental Scientists are key in the fight against environmental challenges. They study, protect, and improve the natural environment and are passionate about protecting the planet. Their work includes analysing air, water, and soil and determining how to enhance their quality and control pollution. They often work for government agencies, consulting firms, or NGOs. The growing awareness of environmental issues is increasing the demand for these skilled professionals.

QUALIFICATIONS

A career as an Environmental Scientist typically starts with a degree in environmental science, ecology, or a related field. However, apprenticeships in Environmental Conservation, Sustainability Business Specialist, or Environmental Management offer an excellent alternative pathway, combining academic learning with practical experience. Engaging in local environmental initiatives, joining clubs, and attending industry events can deepen your understanding and provide networking opportunities.

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 [linkedin.com/company/careers-progress](https://www.linkedin.com/company/careers-progress)

For more information visit
progress-careers.co.uk