

ALL SAINTS'

CATHOLIC VOLUNTARY ACADEMY



Parent Bulletin – w/b 24/04/23

Thought for the Week: 'Those who trust God fear less and do more.'

Reminders/information:

All Saints' Way - This week's All Saints' Way theme continues to be Never Give Up! We encourage students to never give up being the best they can be in and out of the classroom.



PE kit reminders - a reminder that students should only be wearing their PE kit on the days that they have PE. If they come in PE kit on a uniform day, students will be placed in after school detention. Also, as the weather gets better, please remember that any shorts should be plain black knee length shorts (No short gym shorts or hot pants)

Interform competitions – these are starting again soon for Years 7-10 in Science, Performing Arts, General Knowledge and Sport. Year 9 are week commencing 8th May with other year groups following after. Good luck to all involved.

Chewing Gum - a reminder that chewing gum is not allowed in school. Also, a gentle reminder that we recommend that students do not bring valuables into school such as mobile phones, electronic devices and large amounts of money. School cannot take responsibility for any lost items and will not carry out investigations into this.

Industrial Strike Action – this takes place on **Thursday 27th April**. Information was emailed to parents last week and this is also available on the website - [Teachers' Strike. 27 April - All Saints' Catholic Voluntary Academy - Mansfield](#). Please note there will be another strike day on **Tuesday 2nd May** and letters will be sent out tomorrow regarding that date.

Personal Development:

- **Stress Awareness Month:** This has been held every April since 1992 to raise awareness of the causes and cures for our modern-day stress epidemic. It is the time when we have an opportunity for an open conversation on the impact of stress. Dedicated time to removing the guilt, shame, and stigma around mental health. To talk about stress, and its effects and open up about our mental and emotional state with friends, families, colleagues, and professionals.

Reduce stress in 7 days: Click the link below to receive 7 days expert guidance and stress management and wellbeing tips straight into your inbox to guide you/your child on a journey from distress to de-stress.

[Reduce Stress in 7 Days - The Stress Management Society](#)

- **Careers update:** This is now our second year of working with Progress careers. We have a dedicated careers advisor that works mainly with our key Stage 4 students, one day per week, in addition to offering parent/carer appointments throughout the year. Please click the link below to find out more information. You will find a section dedicated to: local information, parent & cares and student advice.
[Home | All Saints \(progress-education.org.uk\)](#)

Well-being:

- **Wellbeing email address:** If you have any questions or specific concerns regarding your child's wellbeing then please email the address: wellbeing@allsaints.notts.sch.uk
- **Website links:** Please refer to our school website for any extra support: [Wellbeing - All Saints' Catholic Voluntary Academy - Mansfield](#)

Upcoming events: (details of each event will be sent out to parents nearer the time).

- **Monday 24th April** – Year 10 exams begin
- **Wednesday 10th May** – Year 8 Progress Evening
- **Thursday 11th May** – Year 10 Retreat Day
- **Monday 15th May** – Year 9 exams begin
- **Monday 22nd May** – Year 10 Progress Evening and Year 12 Work Experience week