

Thought for the Week: 'Create in me a pure heart, O God, and renew a steadfast spirit within me'. Psalm 51.

Reminders/information:

All Saints' Way - This week's All Saints' Way theme is Never Give Up! The Chaplaincy Team's Act of Worship last week and this week is about Advent. The mission given to the students is to never give up striving to be the best person they can be.



Fundraising - Our Advent fundraising has started. This Advent our fund raising has been split between collecting for the local food bank and providing shoe boxes for children in Ukraine. Years 7, 9 and 11 will be collecting food and Years 8, 10 and 6th form will be creating shoe boxes. Thank you for your support with this.

Mobile Phones - Please could we remind you about the policy on mobile phones. It states in the Behaviour for Learning policy:

- If a student fails to hand the phone/electronic equipment in and it goes off or is seen by a member of staff it will be confiscated.
- When a mobile phone is confiscated, it will be held by the Academy for 5 academy days and then returned at the end of the fifth academy day. (This does mean that mobile phones / electronic devices are kept over the weekend)

Online Safety: You Tube - Some handy hints here to help to keep your children safe. It is always a good idea to remind ourselves of how to keep our children (and indeed ourselves) safe when on-line. Today, our focus is on YouTube which most, if not all, of our children view on a daily basis.

Please read the following. What's the Problem?

- Video's that look like they are child friendly can include violent or distressing content and it's difficult for YouTube to catch all of these videos before children see them,
- Inappropriate videos may be suggested videos, or appear in search results,
- Adults may use you tube to contact children and 'groom' them into sharing explicit pictures or videos of themselves,
- Children can share personal information, e.g. the street they live on or their school,
- Children might see videos with extremist content,
- Children can share personal information which could put them in danger.

Steps to take:

1. Turn on 'restricted mode' to help hide videos that may have inappropriate content On the website:

- Click on the icon in the top-right corner that represents your YouTube account
- At the bottom, click 'Restricted Mode'
- In the top-right box that appears, click 'Activate restricted mode' to turn on In the iPhone and iPad app:
- In the top right, tap your profile picture
- Tap 'Settings' > 'General'
- Turn 'Restricted Mode' on or off

In the Android app:

- In the top right, tap your profile picture
- Tap 'Settings' > 'General'
- Turn 'Restricted mode' on or off

2. Keep Autoplay turned off and manage recommendations Autoplay is turned off by default for users aged 13 to 17. To check Autoplay is off, check the 'Autoplay' toggle in a video page and make sure it's toggled to off. Depending on your device, this may show in the top right of the screen, or below the video. You can also use the 'Don't recommend channel' option to remove channels from your recommendations. To do this:

- Click the 3 dots next to a video's title
- Select 'Don't recommend channel'

Tell your child not to share any personal information in videos or comments. This is anything that could identify them or give away their location.

3. Tell your child not to share any personal information in videos or comments. This is anything that could identify them or give away their location, like the name of the street they live on, their school name or their school uniform.

4. Check for comments on videos your child uploads. YouTube disables comments on videos of children, but videos can be missed – so do still regularly check for comments made on any videos your child shares. Look out for comments asking for more specific videos or personal information.

5. Flag inappropriate videos and comments to YouTube. Use the 'flagging feature' to prompt YouTube staff to check content and decide whether to block or restrict it in line with its community guidelines:

- On the page with the video, tap the 3 dots ('more') icon next to a video or
- On the page with the video, tap the 3 dots ('more') icon next to a video or comment
- Select 'Report' (this is a flag icon in Android and iPhone and iPad apps)
- Select the reason for flagging, and provide any extra details you think will help YouTube staff

Well-being:

Personal Development:

- Wellbeing support: Young Minds have a range of resources to support young people, below is an example of a mindfulness activity that young people can use when they are struggling with how they are feeling.
- Please click the link below for more support ideas: Mental Health Resources For Children and Young People | YoungMinds



- Wellbeing email address: If you have any questions or specific concerns regarding your child's wellbeing then please email the address: wellbeing@allsaints.notts.sch.uk
- Website links: Please refer to our school website for any extra support: <u>Wellbeing All Saints' Catholic</u> <u>Academy</u>.

Upcoming events:

- Thursday 8th December Year 7 Retreat Day
- Monday 12th December Year 12 and 13 Parents' Evening
- Monday 12th December to Wednesday 14th December Christmas Dinner

This is just a brief overview, more details will follow for each event from the relevant members of staff in due course. Thank you.