

Thought for the Week: "Fear not, I am with you; be not dismayed; I am your God. I will strengthen you, and help you, and uphold you with my right hand of justice." Isaiah 41:10

Reminders/information:

All Saints' Way - This week's All Saints' Way theme is Inspire! We are always looking for ways to inspire our students and for them to take the lead and inspire others to do their very best in and out of school.



Anti-bullying - This week is Anti Bullying week. Students will watch an Act of Worship and this will inspire students and give them ideas to come together as a tutor group and produce an entry for the Anti Bullying competition. There is a £50 prize for the winning tutor group. Good luck!

Uniform reminders - A reminder that trousers should be plain black formal school trousers (no leggings, denim, canvas or lycra). Trousers must be tailored and not skin tight, tapered or tight around the ankle.

Football success - Congratulations to the Y7 boys football team who competed in the Sutton Town Cup last week against 7 other schools. The boys played excellently and finished in 3rd place, missing out on top spot by just 1 win. The students involved were a credit to the school.

Well-being:

Personal Development:

- This week is Anti-Bullying Week (14th to 18th November). This year, the theme for the week is 'reach out' encouraging everyone to come together and reach out to others to stop bullying. Students will be completing activities in tutor time linked to anti-bullying.
 The link to the resource below is for students, which will get them thinking about how to support one another. Please share with the young people that you support:
 Information for young people on how to support a friend Mind
- Schools in Mind have just published a <u>new resource for young people</u> to help them better understand the facts and figures around mental health, and how to access support. (see separate flyer).
- Wellbeing email address: If you have any questions or specific concerns regarding your child's wellbeing then please email the address: wellbeing@allsaints.notts.sch.uk
- Website links: Please refer to our school website for any extra support: <u>Wellbeing All Saints' Catholic</u> <u>Academy</u>.

Upcoming events:

- Monday 14th November Year 13 mocks begin / Year 12 Geography fieldtrip begins
- Friday 18th November Non-uniform Day for Children In Need (see separate letter)
- Thursday 8th December Year 7 Retreat Day
- Monday 12th December Year 12 and 13 Parents' Evening
- Monday 12th December to Wednesday 14th December Christmas Dinner

This is just a brief overview, more details will follow for each event from the relevant members of staff in due course. Thank you.

