

# ALL SAINTS'

## CATHOLIC VOLUNTARY ACADEMY



Parent Bulletin – w/b 07/11/22

*Thought for the Week: "Faith is like the feet wherewith the soul journeys to God, and love is the guide that directs it." St John*

### Reminders/information:

**All Saints' Way** - This week's All Saints' way theme continues to be Aspire! We encourage students to aspire to be the best academically and socially. Students are also being encourage to work hard to support their Houses. See below for more information.



We want students and staff to be proud of the House they belong to. Starting this term, there will a prize for the House with the most conduct points! This could include a non-uniform day, sweet treats or pizza. Here is some information about our Houses:



#### Fortitudo

Saint:  
St. Maximilian  
Kolbe  
Strength and  
resilience



#### Industria

Saint:  
Oscar Romero  
Hard working  
and  
determination



#### Vocare

Saint:  
St Therese of  
Lisieux  
Vocation and  
aspiration



#### Caritas

Saint:  
Mother  
Teresa  
Charity and  
compassion

The History Department have released their competitions for half term 2. Please see the poster below for details of the 'Remembrance Day Competition'. We look forward to seeing all of the great entries.

**KS3 HISTORY**  
**Remembrance Day Competition** HALF-TERM 2

We would like you to create an item for Remembrance day, to commemorate the sacrifice that all of these people have made. You could create a poem, a picture or even design a memorial.

Here are examples of different memorials and items linked to Remembrance day in Britain.

Closing date: Friday 2 December. There will be prizes for the best entries.

Individual entries only please! The designs will be displayed in the history classrooms. See your history teacher if you have any questions. Submit your entries to your history teacher or Miss Varney in X18. Good Luck!

New: The equipment shop will be open for business starting from Monday 7<sup>th</sup> of November. Students will find it located near reception and it will be open at break time for students to top up any missing pieces of equipment.

**Equipment Shop**

Slimline Drywipe Markers	25p
Green Pens	5p
Pencils	5p
Ruler	15p
Black Pen	5p
Mini Foam Eraser	40p
Highlighter	25p

Every day at break time outside reception

**Christmas Dinner** – Christmas dinner will be on sale for students from Monday 12<sup>th</sup> December until Wednesday 14<sup>th</sup> December.

## Well-being:

- **Wellbeing email address:** If you have any questions or specific concerns regarding your child's wellbeing then please email the address: [wellbeing@allsaints.notts.sch.uk](mailto:wellbeing@allsaints.notts.sch.uk)
- **Website links:** Please refer to our school website for any extra support: [Wellbeing - All Saints' Catholic Academy](#).

## Personal Development:

Strategies to develop students' ability to understand and regulate their emotion, taken from the toolkit below: [Classroom wellbeing toolkit \(annafreud.org\)](http://annafreud.org)

**Make clear it is okay for children & young people to talk about their own emotions:** Ask 'How are you feeling?' instead of 'How are you doing?', or encourage children & young people to talk briefly about how they are feeling when they are frustrated by a piece of work or when someone annoys them (the principle of 'Name it to tame it').

**What is beneath the surface?** Sometimes, there are reasons we do not immediately see that emerge as certain emotions, as shown in the diagram. By knowing these can then help us to understand how to support that child/young person.



## Upcoming events:

- **Monday 7<sup>th</sup> November** – Year 11 mocks begin
- **Monday 14<sup>th</sup> November** – Year 13 mocks begin / Year 12 Geography fieldtrip begins
- **Thursday 8<sup>th</sup> December** – Year 7 Retreat Day
- **Monday 12<sup>th</sup> December** – Year 12 and 13 Parents' Evening

This is just a brief overview, more details will follow for each event from the relevant members of staff in due course. Thank you.

