

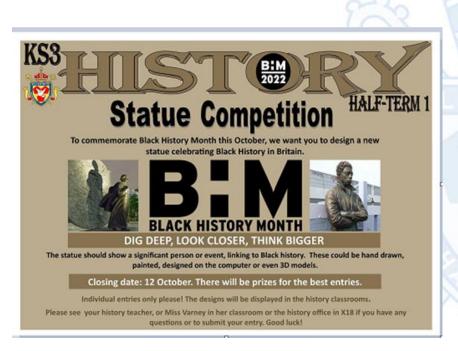
*Thought for the Week:* 'Our moments are God's opportunity to show Himself strong on our behalf – and our chance to trust him completely'.

## **Reminders/information:**

**All Saints' Way** - This week's All Saints' way theme is Serve! Students serve their community here at All Saints' every day with their attendance and trying their best in all subjects. The assemblies this week are about how to make the most of all opportunities and learning in the classroom.



**History Department competition** - The History Department have started their competitions for this academic year. Please see the poster below for details of the 'Statue Competition'. We look forward to seeing all of the great entries.



**Chewing gum / personal property** - A reminder that chewing gum is not allowed in school. Also, a gentle reminder that we recommend that students do not bring valuables into school such as mobile phones, electronic devices and large amounts of money. School cannot take responsibility for any lost items and will not carry out investigations into this.

**Staff emails** - We are informing students this week that they are welcome to email staff on the school email address if they have questions about work or homework, but this should be done before 6pm at night and after 8am in the morning. Staff will respond during working hours.

**Uniform** - Please could parents and carers ensure that student names are written or sewn into items of uniform which could be lost or misplaced e.g. blazers, ties, PE hoodies. We have a lot of lost property with no way of identifying the owner. Names in uniform would really help.

# **Online safety**

#### Six top tips for social networking

1. Know who their friends are

Children often have competitions to have the largest numbers of 'friends', but do they know them all well enough? Remember that online friends will see everything that your child posts online.

2. Share with care

Children often forget that once it's online its out of their control. News, photos and posts often go viral without the originator knowing.

3. Use the privacy settings

Children and adults often forget to limit or set their privacy settings. This gives people online access to anything that is posted.

- Report it, stop it! The top social networks have buttons to report inappropriate activity or abuse. Don't be afraid to use it and encourage its usage.
- 5. Know how to get help You and your child are not alone, authorities such as CEOP (Police), the NSPCC, the network provider and Childline all offer advice.
- 6. **Be their friend** Being their friend on social networking sites is the easiest way of keeping up to date.

## Well-being:

- Black History month (1-31 October 2022): It's not just a month to celebrate the continued achievements and contributions of black people to the UK and around the world. It's also a time for continued action to tackle racism, reclaim black history, and ensure black history is represented and celebrated all year round. <u>Black History Month 2022 Black History Month 2022</u>. Please find an invite to a celebration in Nottingham at the end of this bulletin. Students will be learning more about Black History month during tutor time next week.
- **#HelloYellow**: We are supporting Young Minds annual event <u>YoungMinds | Mental Health Charity For</u> <u>Children And Young People | YoungMinds</u>. Students can add a yellow accessory to their school uniform on Monday 10th October, and pay a donation to young minds if they wish. We will then be discussing mental health and how it is good to talk during tutor time that week.
- Wellbeing email address: If you have any questions or specific concerns regarding your child's wellbeing then please email the address: wellbeing@allsaints.notts.sch.uk

 Website links: Please refer to our school website for any extra support: <u>Wellbeing - All Saints' Catholic</u> <u>Academy.</u>

### **Upcoming events:**

- Thursday 6<sup>th</sup> October Year 11 Retreat Day
- Friday 7<sup>th</sup> October University of Leicester taster day (Sixth Form)
- Monday 10<sup>th</sup> October to Friday 14<sup>th</sup> October World Mental Health Week
- Friday 14<sup>th</sup> October UCAS early entry deadline

This is just a brief overview, more details will follow for each event from the relevant members of staff in due course. Thank you.

rendon Lawrence Spo Saturday **Event for all** Centre, 35 Hungerhill 8th October the family Road, St Anns NG3 41 at 1pm Join us to celebrate **BLACK HISTORY MONTH** This event will include a live DJ, entertainment, FREE food, FREE rafile with amazing prizes, FREE sports, activities, stalls and much more! lottingham Jobs NOTTINGHAMSHIRE East Mie OTTINGHAMSHIR CexisNexis POLICE & CRIME СНАУАН JUNO Women's Aid Support. EP /C