

Saints'



ALIVE



Issue 8 Vol 2. December 2021

THE NEWS MAGAZINE OF ALL SAINTS' CATHOLIC ACADEMY, MANSFIELD

Welcome

School closes for the Christmas holidays on Friday 17 December. We re-open on Tuesday 4 January for lateral flow testing and then to all students on Wednesday 5 January.

Dear Parents and Carers,

As we approach this most wonderfully joyous time of year, I would like to express my sincere gratitude to you all for your support this year. The recent news of the booster vaccination programme is a source of hope and I hope that life will be able to continue as normal.

Christmas this year, we hope will be very different to last year and as a living faith community, it will provide us with an opportunity to stop, think and pray. Jesus' coming symbolises immense joy and happiness and as we approach 2022, we pray for a sense of spiritual renewal and a positive start to the new year.

I would like to thank my colleagues for their enormous resilience during this term. They have worked tirelessly to ensure that your child is cared for and that their lessons have been carefully planned and effectively delivered.

May I remind you that school is open on Tuesday 4th January only for those children taking part in the Lateral Flow Test programme. **All other children will return on Wednesday 5th January.**

Finally, I would like to wish you all a very happy, restful and holy Christmas!

Best wishes to you all,

Carlo Cuomo
Headteacher



Chaplaincy News

The Synod - Acts of Worship



The Synod and the discussion around the three questions began in earnest at All Saints in the last couple of weeks with every year group from Year 7 to Year 11 attending an Act of Worship, lead by Mr Sheehan and members of the Chaplaincy Team.

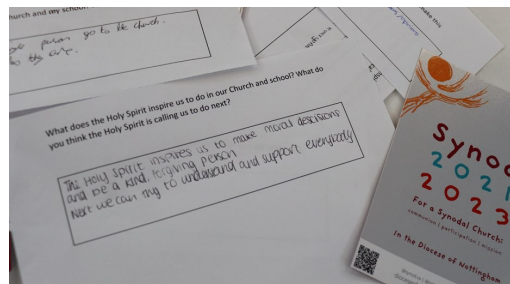
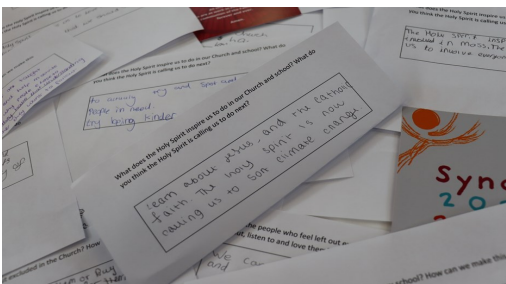
The Chaplaincy Team shared with their peers the enormity of the Synod and the wonderful opportunity it presents to young people to help shape the future of our Church. Jess and Rebecca in Year 12 explored the remit of the Synod and explained to the students that the documents of the Synod exist in languages that over 2.5 billion people can read, making their engagement with the questions a truly universal activity.



Alistair and Liam explored with the students the 'Road to Emmaus' and how the Disciples only just recognised Jesus in the final moments, before he disappeared from their eyes and encouraged the students to take the opportunity which the Synod offers and ensure they recognise Jesus in their own lives. All the students present were asked to respond to the questions of the Synod and the nearly 1000 responses have been collected and collated by Mr

Sheehan, ahead of a summary document being produced.

These Acts of Worship were a wonderful opportunity for the students to see and partake in the Global Church of which they are all members.



Food donation for local foodbank

Students and staff have started the Advent season by reflecting on the need of those within our own local community as we fast approach Christmas. The decision was made that our first fundraising action of Advent would be to collect food and other items for our local foodbank – The Sherwood Forest foodbank situated in Mansfield Woodhouse. Throughout the first week of Advent staff and students brought in their donations which we then all gathered together ahead of the foodbank coming in on Friday 3rd December to collect the donations. With almost 50 boxes of food donated the collection team from the foodbank were blown away by the generous giving of the staff and students at All Saints' and wanted to make sure every member of our school community knew what a difference our donations would have on the those in need within Mansfield this Christmas. We had so many boxes that the site team, together with Mr Sheehan and the willing support of the Director of NDCYS Tom Baptist certainly got their daily cardio in moving the boxes from the chapel to the front of school! Thank you again to all the staff, students and parents who supported this wonderful act of Christian charity and giving.

In the photograph you can see a small selection of what was donated together with members of the school chaplaincy team.



Year 7 Retreat Day

On Wednesday 8th December, the whole of Year 7 experienced their first Retreat Day at All Saints'. The day started with an introduction to the day by Head of RE and Chaplain Mr Sheehan. He discussed with the students how we can encounter Christ in our lives, with students sharing their own experiences of encountering Christ, through acts of kindness and service. The students then explored the Feast Day of the Immaculate Conception and how Mary can be a great role model for how to say yes to God and allow for a meaningful encounter with Christ.

During Period 2, the students were guided through a meditation by their teachers, to give them the time to reflect on the messages and ideas from Period 1. Feeling refreshed the students then engaged in group work discussing and then answering the three questions of the Synod.

In Period 3, the students explored the global nature of the Church and reflected on some of the issues facing people throughout the world through the work of CAFOD. The students then got creative and set about building their own global community through the decorating of their own paper chain people, which will later feature as a display in the chapel.

In Period 4, the school welcomed back former teacher Ann Neale who delivered an outstanding CAFOD workshop to the students – where they played the game 'life without taps'. Through engaging with this game the students were able to gain first-hand experience of how difficult life is for some people around the world.

To close the Retreat Day, the students celebrated Mass and the Feast of the Immaculate Conception with Fr Marc. It was a wonderful celebration of Mass with the students having prepared each part of the Mass.



Christmas Card Competition Winner

Congratulations to Katya Meakin in Year 7, who won this year's Christmas card competition. The winning design has been used as All Saints' official Christmas card and has been printed out and sent to members of staff, governors, members of the trust and to other local schools and schools in OLOL. The winning artwork can be seen to the right, **well done Katya!**



All Being Well

By Mrs Warriner & Mr Longmore



Social media can be our best friend and worst enemy all at once, so it's important that over the Christmas period our young people are using it in a way which makes them feel connected and confident rather than lonely and worthless.

It takes discipline not to let social media steal our time. At times, the pandemic gave our young people no option but to live virtually whilst social opportunities and hobbies were restricted. Maybe this Christmas we could encourage our young people to put their phones on silent and let their actions do the talking...



Key Social Media Platforms

**Facebook – Instagram – Twitter – TikTok – Snapchat –
Reddit – Discord – Twitch – YouTube**



Types of social media platforms / formats

Video social media platforms

Examples: YouTube, TikTok, Instagram Stories / Reels, Facebook Watch

Used for: Watching videos in short and long formats.

Disappearing content formats

Examples: Snapchat, Instagram Stories, Facebook Stories.

Used for: Sending temporary messages privately and publishing in-the-moment content for followers to view for up to 24 hours.

Discussion forums

Examples: Reddit, Discord

Used for: Asking and answering questions, forming communities around interest-based topics.

Live streams

Examples: Twitch, YouTube, Instagram Live, Facebook Live, TikTok.

Used for: Broadcasting live video to many viewers.



Social Media and what you can do as a parent/carers

School support: wellbeing@allsaints.notts.sch.uk
or visit our website: Wellbeing - All Saints' Catholic Academy



The Positives

Social media enables families to celebrate Christmas with long-distance relatives by sharing photos and sending messages.

It enables single parents and only children to access social support in tough times.

Social media helps introverted or socially reserved young people connect and celebrate with friends in a safer and less overwhelming environment.

Key Quote

"As far as self-confidence goes, so much of social media is about approval, getting likes, comparing our lives to others' - meanwhile, confidence is an inside job: it's about how you feel about yourself regardless of what anyone else does or thinks. It's knowing that you're human, you're flawed, and you're awesome in your own way."



The Negatives

A newsfeed filled with photos of parties and expensive presents is likely to affect even the most resilient of young people. It can make us feel lonely, worthless, and frustrated. It's difficult not to compare what we have or don't have with our peers.

Christmas time gives bullies the opportunity to tease their less fortunate peers by showing off new gadgets or mocking the gifts that other people have received.

It is possible that social media at Christmas time could give young people FOMO (Fear of Missing Out). FOMO can cause individuals to accept invites to parties or seek invitation to events to avoid feeling like they've missed out on the fun.

This phenomenon highlights the need for young people to always feel connected and valued socially.

We live in a culture where everyone's opinion, view, and assessment of situations and people spill across social media, a lot of it anonymously, much of it shaped by mindless meanness and ignorance. It's important that we don't let other people's negativity ruin the festivities.

It seems that people are more into other people's lives than their own. We see everyone else's success online, and we allow it to magnify our own failures.

Tips to help reduce Social Media usage

Turn Off All app-based Notifications

Notifications from apps are often the single biggest source of distraction, so, help your child manage their Fear of Missing Out (FOMO) and encourage them to turn off all app-based notifications this Christmas.

Delete Apps Your Child Doesn't Use

It might be a good idea to use the Christmas period to have an App clear-out. There may be Apps on your child's phone that they don't use but are still getting notifications for.

Limit Your Child's Usage

Rationing time for social media use can go a long way in cutting down our levels of screen-time.

Find A New Hobby

The Christmas period may be a good time to encourage your child to swap social media for a new hobby. Focusing on a fulfilling hobby may help your child manage their social media usage better. This could be a new skill or something your child has wanted to do but hasn't had chance. i.e. learning a new musical instrument or learning how to bake.



NEWS



Children in Need cake sale

Congratulations to our Sixth Form students who ran a successful cake sale in aid of Children in Need. After just one day they managed to raise

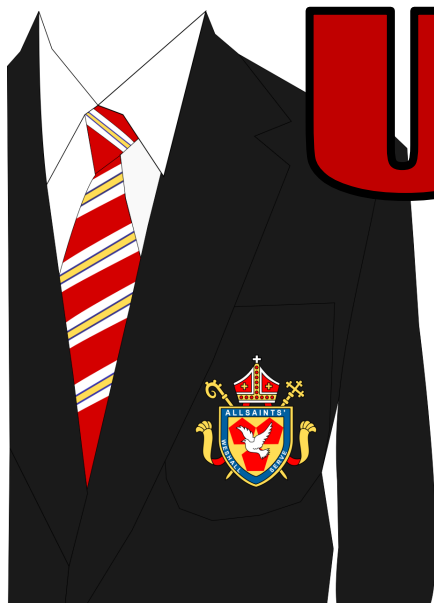
£202.00!

Thank you to everyone involved and to all those who made/donated cakes.



Follow us on
Instagram

@sixthformallsaints



Uniform

We would be grateful for donations of any uniform especially blazers, trousers and PE kit that your child has outgrown.

Also, any shoes that due to school closures are now too small but still in good condition.

**These really help us to support the school community!
Thank you.**



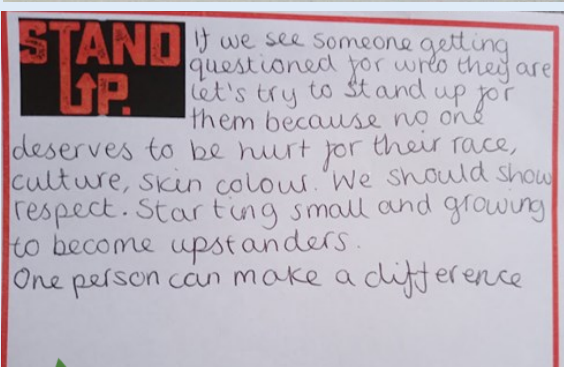
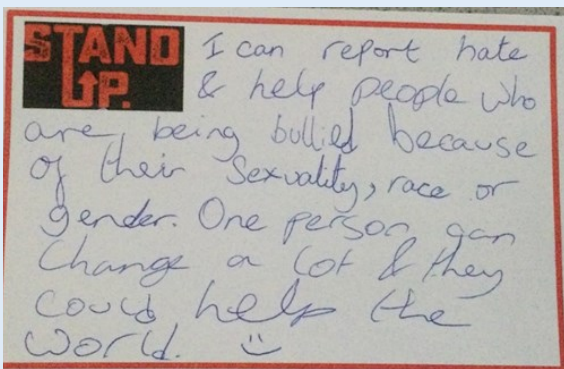
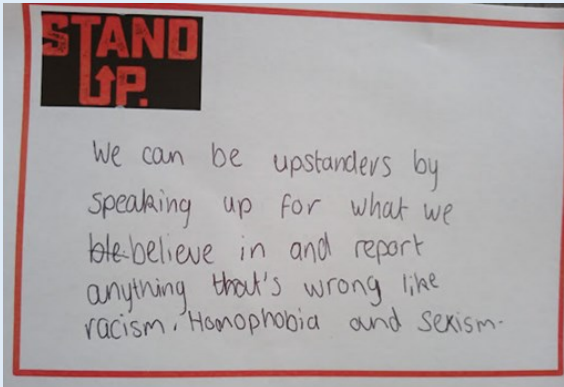
'Stand up' project



A group of students, who are 'no to hate' ambassadors received some training from Kelly Scott, who works at the National Holocaust Centre and Museum.

The training started with a fantastic video where footballers urge fans to 'stand together' against racism in a Holocaust Memorial Day video. This was a great way to start the students thinking about what it means to be an upstander and not be a bystander when you see hate crime. Kelly

took the students through case studies of people in history that have been subject to hate crime, leading to great discussion about why this is not acceptable.



The second part of the training made use of The Forever Project, who are a new venture backed by the UK National Holocaust Museum, a charity dedicated to Holocaust education and hate prevention through a range of immersive exhibits and digital experiences. The Forever Project is an extension of the highly successful concept first developed by the Museum for Holocaust survivors.

As with these remarkable men and women, we wish to make inspiring role models – from the arts, sciences and beyond – accessible to the public any time, any where.

Students had the chance for a Q&A session with a holocaust survivor.

Finally, students ended the day writing a pledge to show how we can be upstanders at All Saints'.

The training will now be used to prepare resources and an Act of Worship to educate all other students.

Peer Mentoring

As part of our newly established Peer Mentor programme, two of the mentors have planned and delivered a safeguarding assembly to years 7 to 11. Scarlett and Molly in Year 11 took the lead on the assembly informing students about how to keep themselves safe, how to support others, signs to look out for and who to speak to if students have concerns. All our peer mentors are doing a superb job and are supporting a wide range of students. They are a credit to the school.



Rewards



Conduct Awards

Firstly, well done to all those students who have so far received their bronze or silver conduct certificates.



Bronze is for 50 positive conduct points and silver for 100, so congratulations to those students.

We look forward to students receiving gold and platinum as we move through the year. Secondly, a large number of students in each year group have been rewarded for at least 97% attendance this term and for consistently

following the All Saints' way with a chat and a Christmas treat at tutor time.



Students have really enjoyed this chance to celebrate with friends. Finally, we are looking forward to the Commendation ceremonies in the last week of term, for which students from Year 7 to 13 have been nominated for a range of curriculum and pastoral awards.

The winners will come together to celebrate and this will be a wonderful way to end a successful term for our students.



Extra Curricular

Huge congratulations to our cheerleading Year 8 student, Isobel Dumbrell who's team, the 776 Cheer Elite and her junior cheer team 'Rage', won junior team of the year at the recent Mansfield Sports Awards. The team also performed a routine at the event.

Well done, Isobel!



ONE KIND WORD

Anti-Bullying Competition Winners **9-CCE**



Congratulations to 9-CCE who are this year's worthy winners! They worked together to create an anti-bullying masterpiece, which has been displayed in our canteen.



we received over 150 competition entries which is a phenomenal response and a selection of entries have been displayed around school to further support our anti-bullying mission.



It's really important that we hold up-to-date parent/carers contact details for all students – including email and mobile numbers. If we have not already got these on file please let us know at admin@allsaints.notts.sch.uk



All Saints' Students are still 'Above' the National Average figures for Attendance

All Saints' continues to lead the way with attendance figures above national average and the close working relationships with our parents/carers have really proved yet again to be invaluable! Our pastoral team and teaching staff have been working hard to support all students to ensure each individual has every opportunity to be successful with their studies and

enhance their chances of a prosperous career in the future.

CONGRATULATIONS...to the 48.3% of students across the year groups who have achieved over 97% School Attendance, of which 233 students achieved 100%.

We proudly praise the dedication of our students and resilience they have shown across this Advent term, demonstrating the All Saints' Way throughout all aspects of school.

A reminder that lessons start at 8.55am and therefore students should ideally be in school for 8.50am. Late gates are in operation to check punctuality of students in the morning and detentions will be issued to students who arrive late to school.

If your child is going to be absent, please send a message via the MyEd App or call 01623 474700 absence line with information. If your child is unwell, please provide full details. We thank our students and parents/carers for continuing to work closely with us to ensure our high levels of health and safety within school are maintained and our students are able to consistently access excellent education.



ALL SAINTS' SAFEGUARDING TEAM

If you have a safeguarding concern, our team are here to listen to you and help you with any situations you may be facing. They will listen to you no matter what issues you may have so do come and speak with us.

KEEPING STUDENTS SAFE



DSL (Designated Safeguarding Lead)

Mrs N Kilday

Designated Senior Person KS3-4 for Child Protection
Office in the PA Block



Mr C Hutchinson

Designated Senior Person KS5
for Child Protection
Office near the staffroom



Mrs S Corner

Designated Deputy Person for Child
Protection and Safeguarding Manager
Office in N1

Designated Deputy Persons for Child Protection



Mrs D Bamford
Office in X1
(Learning Support)



Mrs C Warriner
Office in the JPC
(John Paul Centre)



Mrs A Wain
Office opposite
the library



Miss H Flint
Office opposite M24



Mrs J Thompson
Office in N1

Mr R Della-Spina



Designated School
Governor for
Child Protection

Eva Callaghan



Local Authority Child
Protection
Contact/LADO
Contact: 0115 8041272



Mr D Alderson
Office near the
photocopying room



Miss L Nahal
Office in Sixth Form



Mrs J Webley
Office in the
PA Block



Mrs A Nattriss
Office in the
staffroom / X7



Mr D Longmore
Office in the JPC
(John Paul Centre)

READING MATTERS

Millionaire Readers

Lots of wonderful reading has taken place this term. We have students who have already read over a million words and one student who has read over 5 million! **Well done!**

Year 7

Jetsy K 5,040,472

Lena K 1,029,743

Year 8

Lily K 1,598,199

Staff book review.

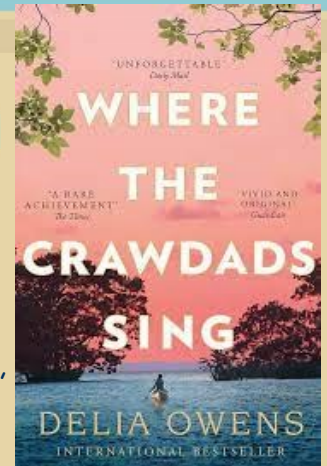
Where the Crawdads Sing by Delia Owens

The imagery in this book is phenomenal.

The scenery that Owen implants into your head is amazing. Kya, also known as the Marsh Girl by the local town residents, is a very shy young women who grows up within the deep of the marsh (hence her name), abandoned - one by one - by her entire family and left to fend for herself. For over 10 years, she lives off the land, exploring and learning by watching life in the wild.

Through different circumstances, she encounters a few acquaintances along the way, most of whom disappoint her enough that she's permanently convinced life is better alone, despite yearning to be with someone. I feel as if Kya can be understood and empathised with by just about anyone. She's relatable in many ways, especially as she navigates the discoveries of new emotions, of life and love in general. You can't help but hurt for her, root for her and wish to defend her against the prejudices she endures. A fabulous book!

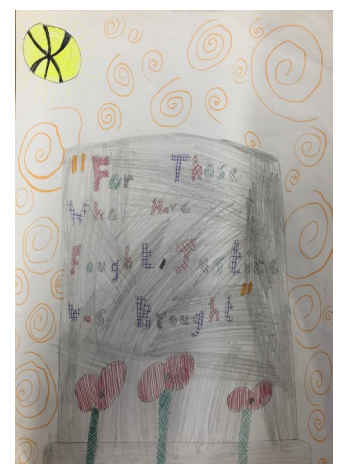
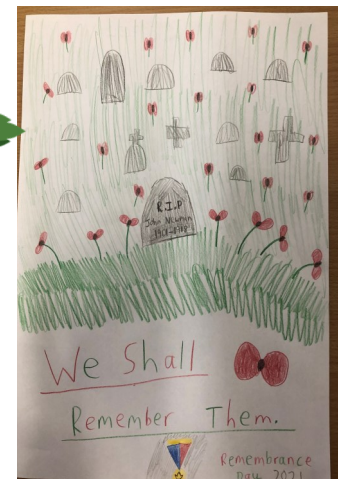
Review by G Janes



HISTORY

Congratulations to Darja (7MMH) our winner of the Key Stage 3 history Remembrance competition. Courtnee (7CDL) was 2nd, Tomasz (7CDL) was 3rd. Well done to all who entered, more competitions will follow

throughout the year.



Careers



Progress Careers are thrilled to be working in partnership with Our Lady of Lourdes schools, delivering personalised careers guidance to students in key transitional years. The careers teams across the trust place great value on supporting their students with their next steps and recognise that careers guidance plays a huge role in supporting

young people to understand their options, recognise their strengths, become more self-aware and to support career decision making.

Progress Careers work with thousands of young people in the UK and deliver independent, impartial careers guidance in mainstream schools, alternative provision schools, specialist provision schools and sixth form colleges. Our advisers are Level 6 Registered Career Development Professionals and regularly update their training and knowledge with continuous professional development and training.

Our work with students aims to enhance and add value to the careers programme that is in place throughout the trust and to provide support and guidance on an individual basis. Everything we do is student-focussed and our advisers will take time to work with students, identifying the options available for progression and supporting them to make decisions.

Paula Thompson, Careers Executive at Progress Careers said "we are extremely proud to be supporting the young people at Our Lady of Lourdes schools. We will be working closely with the careers teams to ensure that we develop a clear programme of activities to support the progression of students and to deliver group workshops, enrichment sessions, career cafes and many more careers related activities and events. We have a superb range of posters and infographics to support the careers education for young people and our advisers are dedicated and experienced working both with students in secondary education and within the wider Nottinghamshire area".

Students will be informed of the days that their Careers Adviser will be in school and how to request an appointment. We will also be available at some of the parents' events and whole school events throughout the year.



WHERE CAN YOU FIND US?



Hi, I am Naomi and I am your Careers Adviser here at All Saints'.

I am in school each week and you can request a careers appointment either through your form tutor or Ms Webley.

You can always drop in to see me at break time or lunchtime. I am in the Careers Guidance office across from the Library.

HOW CAN WE HELP?

- Y8 & Y9 OPTIONS
- POST 16 OPTIONS
- FURTHER EDUCATION
- HIGHER EDUCATION
- APPRENTICESHIPS
- EMPLOYMENT



Come and talk to us - Your future is our business



OUR LADY OF LOURDES
CATHOLIC MULTI-ACADEMY TRUST

