

# Saints' ALIVE

Issue 3 Vol 2. February 2021

THE NEWS MAGAZINE OF ALL SAINTS' CATHOLIC ACADEMY, MANSFIELD



## Welcome

School closes for the February half-term holiday on Friday 12 February. We re-open on Monday 22 February.

Dear Parents and Carers,

We are about to break up for our half-term holiday, I just wanted to thank you again for your support, kindness and generosity during these last few weeks of lockdown.

At the moment, the government is planning for schools to reopen on March 8<sup>th</sup> and we very much look forward to welcoming our students back to school.

We are acutely aware that for many students, especially those in Years 11 and 13, this term has been extremely unsettling. However, we will have a very good idea during the next few days as to what the procedures will be to replace the traditional format of examinations.

In addition, we have started to plan for students to be able to catch up on their learning by providing extra tutoring opportunities and some families have already been contacted with the specific details.

As ever, the break will, I hope provide you with an opportunity to relax and even if we are unable to enjoy the 'normal' aspects of life, spring is only round the corner and I pray that this new season will bring a sense of renewal and hope to us all.

Best wishes to you all,

Carlo Cuomo  
Headteacher



# Chaplaincy News

All Saints' will be teaming up with the other twenty schools in the Our Lady of Lourdes Catholic Multi Academy Trust preparing for their virtual Pilgrimage this Lent when they will be supporting the CAFOD campaign 'Walk for Water'.

Walk for Water is the only Lent challenge you need: 10,000 steps a day - done your way, every day. For You don't have to get tied in a knot about how to do it: whether you hop it; skip it; slide it; run it; jump it; dance it; stamp it; stomp it. It doesn't matter how you do it, just as long as you put your heart and soul into it.

Sign up now, raise money and do something different to fight poverty at the CAFOD webpage.

Keep your eyes peeled to our school socials to see how we're getting on!



Lent Appeal  
2021

**CAFOD** Catholic Agency for  
Overseas Development

**no one  
beyond reach**

Remember you can access any of our prayer  
resources from home at [www.beinspirational.co.uk](http://www.beinspirational.co.uk)





# Cultural Capital

We have some exciting activities in school at the moment. Design and Technology have been running the Design Ventura project where students have to design a new product to be sold in the design museum shop. The students have created some fantastic designs from snow proof gloves to colour changing umbrellas! Religious Education have been completing a variety of activities Y7-8 have a Q and A talk with Fr Paul Newman talking about the role of a priest within a parish and what it is to have a vocation. Y9 and Y10 are receiving a conversation and Q and A session with Fr Simon Gillespie who is speaking on matters ranging from the Magisterium of the Catholic Church, Papal Encyclicals and the key documents of Vatican II and the impact that this on how Catholicism places itself within the world today. Y12 and 13 are watching a round table discussion held by the Four Horsemen of New Atheism discussing the various approaches to religion, secularisation and sociological and anthropological changes in society in the last 30 years.

We also have some exciting extra-curricular activities still running 4<sup>th</sup> Wall are doing a live teams meet every Thursday for Year 9/10/11 from 3.15 to 4.00pm. Then for Year 7/8 there are musical theatre packs uploaded every Thursday onto the VLE in the 4th wall folder.

Each week is a different musical and the packs contain a variety of information on the show as well as poster designing two family quiz's and two word searches.

Whilst over in PE they are also running activities.

Why not take part in some virtual fitness activities so far there have been, HITT classes, Boxercise, and circuit-based training for the students.

Or why not take part in an exciting new All Saints' pancake competition!

**Challenge A** - design and make a creative sweet or savoury pancake that uses at least two fruits or vegetables in its design.

**Challenge B** - design and make a 3D pancake object or scene using either sweet or savoury pancakes.

Email your entry to Mrs Gascoyne or Mr Goodwin to be in with a chance of winning.

## PE Extra-Curricular days

Year 7 – Wednesday (ASL).

Year 8 – Monday.

Year 9 – Monday (GCS).

Year 10 – Thursday (GCS).

Year 11 – Tuesday





Through January, KS3 Design and Technology lessons have focused on guiding pupils through a series of steps in order to design an innovative product to fulfil the design brief set by the Design Museum for the Design Ventura Mini Challenge Competition. The Design Ventura Mini Challenge is open to all students in Years 7 and 8. It will continue to run, with a **rolling deadline**, until schools reopen. The pupils have investigated into the design brief, analysed existing products, created a client profile, drawn their design idea and even had a go at prototyping their product at home using recycled objects.



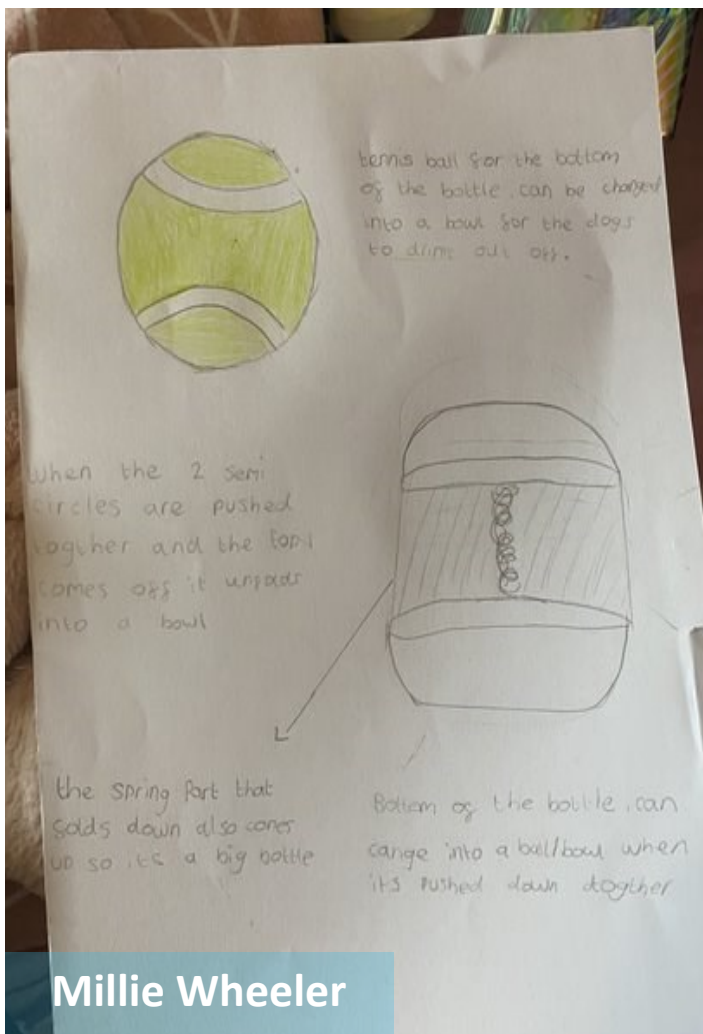
Well done to all pupils involved. Please remember, in order to be in with a chance to win pupils need to upload and submit their design ideas to the competition by following this link, the entry is at the bottom of this web

page: <https://ventura.designmuseum.org/design-ventura-mini-challenge/>

Good luck to you all.

Winners will be announced on Design Ventura's social media **weekly** and prizes will be sent in the post.

## Technology work by students this half term



Millie Wheeler



Sophia Colley







# ROBOT HAND COMPETITION

Have you got several boxes lying around?

Why not turn them into a robotic hand??

The Math's department are looking for engineering excellence to create a cardboard hand that you can wear and be able to hold an empty bottle or can.

Do you think you have the skills?

To enter the competition email Mr Mooney at  
**[mooney.m@allsaints.notts.sch.uk](mailto:mooney.m@allsaints.notts.sch.uk)**

Look on the school VLE for more information  
(VLE - Maths - Math's competitions)

**CLOSING DATE: 24 FEBRUARY**



# Rewards

It has been so pleasing to hear so many positive comments from students and parents about the online learning provision and equally pleasing to hear the amazing feedback from staff about student participation and engagement. Students from all year groups have been joining in with written tasks, practical elements and sending in great work and photos of the tasks completed. The level of communication between students and staff to ensure the smooth running of lessons and to maintain that personal touch has been commendable.

What has really been fantastic to hear about are the number of achievement points being handed out, the praise postcards and certificates being sent home and **last week a staggering 735 students received the All Saints' way points for effort and contributions to live lessons.**

After half term we are continuing this push on the positives and ensuring that students' wellbeing and progress are our main priorities.



Thank you to all parents for your ongoing support throughout this school closure. We have continued to offer full time provision in school for all vulnerable students and children of critical workers and those that haven't been in school have joined mainstream online lessons. Each hour of the school day, our teachers are providing high quality lessons for our students and student participation has been excellent.

Parents/carers are asked to continue notifying school via the MyEd communication app when their child will be unable to join online lessons for such as a medical appointment or other issues, where notes will be made on the student's records explaining absence from the lesson (s). It is much appreciated when parents / carers take the time to do this and it allows us to support where needed.

Again, we want to congratulate our students for engaging so positively and thank all our parents/carers for their encouragement and support, both for our students and for our staff!





# Mental Health and Wellbeing

Please visit our website for resources to support both your child and any other friends or family member:

<https://www.allsaints.notts.sch.uk/information/careers/wellbeing/>

A weekly update to support students and parent/carers is sent every Friday. Below are a few key resources and top tips to ensure everyone is caring for both their physical and mental health.

Students can find everything on the school VLE / subjects / personal development –  
UPDATED WEEKLY

Students can email teachers if they need extra support or anyone can email the 'wellbeing' email address [wellbeing@allsaints.notts.sch.uk](mailto:wellbeing@allsaints.notts.sch.uk)



## MENTALLY HEALTHY SCHOOLS



## Anna Freud National Centre for Children and Families

**Choose health**  
Know what affects your child:  
What makes them grumpy, happy, disconnected...  
Do they need snacks throughout the day?  
Do they need lots of sleep?  
Do they need to get out and about and do exercise?  
Do they need time alone?  
Trust that you know your child and give them the basics that they need to cope with difficult days.

**Be calm**  
Try to stay calm whilst your child is feeling distressed.  
Your child may think:  
• highs and lows • blame  
• meltdowns • self-criticism  
• anger

**Get learning**  
Be involved, find out more and talk about:  
• social media • current affairs  
• internet benefits and dangers • what it is like to be young in the current world  
• new music  
• language and slang

**Work together**  
Share ideas about how to:  
• create action plans • be forward-looking  
• have a problem-solving approach • show them that we can all get things wrong  
• enjoy achievements

**Communicate**  
The small things you do make all the difference:  
Keep talking, texting, listening, hearing, hugging, sympathising, smiling, reassuring, checking, sharing, suggesting, encouraging, respecting.

**Move on up**  
Be flexible:  
• Respond to what your child is doing right now, even if they seem to be acting far more immaturely than usual.  
• Be aware that your child may be having mood swings and may need a lot more comfort than usual.  
• Be aware of your child's changing needs. Sometimes it might feel like one step forward, two steps back.

**Be wise**  
As they discover new things, try to:  
• be interested • listen to their point of view  
• be non-judgemental • choose your words carefully  
• guide • act on warning bells  
• give boundaries  
• see it from all sides

**Be the anchor**  
In times of change you are:  
• constant • w-jokers  
• family • irritating  
• familiar • comforting  
• routine • home

**Have fun**  
Provide lots of light relief:  
• be silly • do stuff together  
• be embarrassing • make jokes  
• play games • make things  
• laugh together • be outside

**Look after yourself**  
Support yourself, to best support your child:  
• keep friends • relax, over-look, sleep well, eat well  
• offload to other family • remember tomorrow is a new day  
• find your time  
• see the GP

**YM Parents Helpline**  
0800 802 5544  
youngminds.org.uk  
Mon-Fri 9.30am-4pm

**Ten Ways for parents to help children cope with change**

<https://www.mentallyhealthyschools.org.uk/>



# Mental Health and Wellbeing

## Screen time advice

**Blink often to refresh your eyes.** Many people blink less than usual when working at a computer/screen, which can contribute to dry eyes. Blinking produces tears that moisten and refresh your eyes. Try to make it a habit to blink more often when looking at a device.

**Take eye breaks.** Throughout the day, give your eyes a break by looking away from your device. Try the 20-20-20 rule: Every 20 minutes, look at something 20 feet away for at least 20 seconds.

**Check the lighting and reduce glare.** Bright lighting and too much glare can strain your eyes and make it difficult to see objects on your device. The worst problems are generally from sources above or behind you, e.g. sunlight. Consider turning off some or all of the overhead lights. Close blinds or shades, and avoid placing your device directly in front of a window or white wall.



**Adjust your device.** Position your device directly in front of you about an arm's length away so that the top of the screen is at or just below eye-level.

**Adjust your screen settings.** Adjust the contrast and brightness to a level that's comfortable for you.



From 1-7 February 2021, was Place2Be's Children's Mental Health Week. This year's theme was Express Yourself. Place2Be has created activities and resources to help children (and adults) to explore the different ways that they can share their thoughts, feelings and ideas.

There are lots of resources on the Children's Mental Health Week website that you can use with your child at home;

Including, activity ideas, tips for parents and carers, and an online assembly which will be available from Monday 1February. Go to: <https://www.childrensmentalhealthweek.org.uk/parents-and-carers/>



It's really important we hold up-to-date parent/carers contact details for all students – including email and mobile numbers. If we have not already got these on file please let us know at [admin@allsaints.notts.sch.uk](mailto:admin@allsaints.notts.sch.uk)

# Careers Update

Year 11 students have continued to receive 1:1 sessions with our careers advisors, Deborah and Sharon.

Virtual and telephone sessions have been taking place so we can ensure all our students are supported in making decisions about their next step.

At All Saints', our aim is to ensure that all students have the resources to fully explore and research their future options so they feel they can make informed choices when necessary, this spans all year groups.

Every student has access to Kudos, an online program, and are set Year appropriate tasks that will help assess their interests and skills, as well as explore and research different education and career options.

You can find all information on KUDOS tasks already set if to go to the VLE / Person Development - Updated weekly / Careers

On Wednesday 10<sup>th</sup> February, Y7-11 year groups joined a live Question & Answer session led by Nottingham Trent University (NTU). The session involved a presentation and then a chance for students to ask questions linked to careers.



**ALL SAINTS'**

## SAFEGUARDING TEAM

Keeping Students Safe

If you have a safeguarding concern, our team are here to listen to you and help you with any situations you may be facing. They will listen to you no matter what issues you may have so do come and speak with us.



Designated Senior Person KS3-4 for Child Protection  
Assistant Head Teacher (Teaching and Learning)

**Mr C Hutchinson**



Designated Senior Person KS5 for Child Protection  
Deputy Head (Curriculum and QA)

**Mrs L Johnson**



Designated Deputy Person for Child Protection  
John Paul Centre Manager

**Mrs C Warriner**



Designated Deputy Person for Child Protection  
Behaviour and Learning Coordinator

**Mrs S Corner**



Designated Deputy Person for Child Protection  
Assistant Head Teacher (Head of Sixth Form)

**Mrs R Davie**



Designated Deputy Person for Child Protection  
Assistant Head Teacher (Behaviour & Attitudes)

**Mrs N Kilday**



Designated Deputy Person for Child Protection  
Assistant Head Teacher (Personal Development)

**Miss H Flint**



Designated Deputy Person for Child Protection  
Curriculum Leader for Science

**Mr S Growcott**



Designated Deputy Person for Child Protection  
Teacher of Food Technology

**Mrs J Gascoyne**



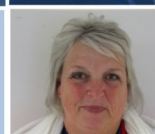
Designated Deputy Person for Child Protection  
Leader of Learning Support and SENDCo / LAC Designated Teacher

**Mrs D Bamford**



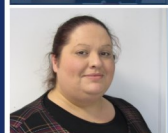
Designated Deputy Person for Child Protection  
Cover Manager / Teacher of RE

**Mrs A Nattriss**



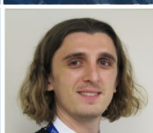
Designated Deputy Person for Child Protection  
Behaviour Management Support

**Mrs J Thompson**



Designated Deputy Person for Child Protection  
Year 8 Progress Manager / Cover Supervisor

**Mrs J Webley**



Designated Deputy Person for Child Protection  
Student Well-Being Coordinator

**Mr T White**

Local Authority Child Protection Contact/  
LADO Contact: 0115 8041272  
**Eva Callaghan**  
Designated Governor for Child Protection

**Mrs T Parker-Cole**





Well done to Mrs Elliott's form – 9BET – for winning Top Form and a huge WELL DONE to Ashton Laing and Casey Burgin for being Top Boy and Top Girl for January.

More positive news in our Webley's Whispers – Praise Postcards.

These are given to any student who does something special, where members of staff let me know about Year 9 achievements or if I hear of anything positive that deserves some recognition. I've loved being able to continue this by having a virtual praise postcard and I'm really pleased by the amount I've emailed out so far – over 25 in just two weeks! Keep up the great work Year 9 and check your emails to see if you will be next!

Congratulations to Connor Hallam who has been awarded with our Year 9 Headteachers Award for January. Connor has only been at All Saints' for a short time but has already demonstrated a commitment to upholding the All Saints' Way; during live lessons he has shown a positive attitude and eagerness to do well. He has impressed a number of his teachers with his hard work and determination to achieve. **Well Done Connor!**

Despite the difficult circumstances, Year 9 have adapted well to live lessons and online learning. I am very proud with how Year 9 continue to work hard and demonstrate the All Saints' Way. I look forward to celebrating more positives with our students over this coming term.

Mrs Webley





As we approach the end of this half term, I would like to close by congratulating the vast majority of you for your engagement with online lessons and continued dedication to your studies. Not only have you adapted to online lessons, many of you have embraced the various Teams functions to further support your progress. Your teachers have been incredibly impressed and I have received lots of positive feedback from a number of departments, particularly the Performing Arts department. In addition, the below students deserve a special mention for receiving the highest number of achievement entries on SIMS in recognition of their hard work over the last few weeks. **A massive well done to: Elise Ackerman, Libby Armitage, Ethan Bailey, Kelsey Buckley, Lucy Crossland, Tia Davies, Wendy Dobb, Shauna Dudley, Livia Emery, Joline Judebasti, Lily Marriott, George Price, Ben Ross, Leah Schofield, Jaiden Singh, Joshua Sombra and Madison Steffen.** Keep up the good work!

I would of course like to take this opportunity to thank parents and carers for your continued support during this challenging time. The importance of your support is immeasurable and we greatly appreciate it.

I look forward to seeing you again soon Year 11.

Take care,

Mr Collins. Year 11 Progress Leader



I would like to close this unusual half term by congratulating the Year 7 students for their excellent response to lessons on Teams over the last few weeks. The majority of students, with thanks to their parents and carers, have engaged in a full timetable and I appreciate that this has not always been easy for many of them.

The feedback which I have received from subject teachers has been outstanding, with notable comments of praise coming from Performing Arts lessons.

It has been heart-warming to see how the chat function has been embraced in many lessons and has supported some of our quieter students to blossom, contributing their ideas with confidence to their teachers and their peers.

Personally I have really enjoyed the e-mails I have received from Year 7 students, showing me their art work and telling me about the on-line cultural experiences they have had, in conjunction with the, "Culture-Vulture," project lead by the Art department.

As we progress towards the second half of the term I will be asking Year 7 students to tell me more about the challenges they have set themselves during Lock-down and will also be inviting them to tell me about the ways in which they have supported their families, friends and communities during this lonely time. I look forward to sharing this with you in the next newsletter, which with a bit of luck will see us all back in school.

Mrs Harris- Year 7 Progress leader



**OUR LADY OF LOURDES**  
CATHOLIC MULTI-ACADEMY TRUST

