All Saints' Catholic Voluntary Academy

To promote a ***healthy active lifestyle*** through ***physical activities*** that encourages ***lifelong participation.***

All Saints'Sixthform
A Level PE
BTEC

Sports
Apprenticeship

Year 11

CREATING HEALTHY AND ACTIVE FUTURES

Making active lifestyle choices and career choices

- Complete GCSE PE / BTEC National Level 2
- Attend taster sessions at post-16 providers
- Assist with All Sports Day
- PE Work Experience
- Continue to participate in clubs / partner clubs in / outside of school
- Lead the sports captains
- Become a member of the Mansfield leadership academy
- Leave All Saints' School with a love for Physical Education, knowing how to lead a healthy active lifestyle.
- Explore opportunities outside of school
  Gain a Go Lead Qualification
- Lead and support extra-curricular participation
- Assist with Sports Day

Year 10

DEVELOPING SKILLS & EMBEDDING KNOWLEDGE

Building aspirations and developing resilience

- Participate In School Fixtures
- Assist with the lead and organisation of Primary School Events
- Lead Winter Games

STRIVING & THRIVING IN PE

Believing in myself

- Participate in sport outside of school
- Help out at year 8 options evening
- Strive to make good progress
- Lead in the primaries and lead inter-house competitions
- Build confidence in refereeing and leading during lessons
- Participate in ALL PE lessons & bring full kit
- Try a new extra-curricular clubs
- Participate In School fixtures

Year 9

Options: Start Examination PE

BROADENING SPORTING EXPERIENCES

Learning to learn, lead and develop growth mind set

- Engage in theory PE taster sessions
- Lead at least one primary festival.
- Become a sports captain
- Join a new sports club outside of School
- Bring your kit to every lesson
- Represent the school in fixtures and your form in inter-house
- Take part in Sports Day
- Sign up To at least 1+ extra-curricular clubs
- Be selected to lead sports festivals
- Take part in National School Sport Week
- Participate in inter-house events

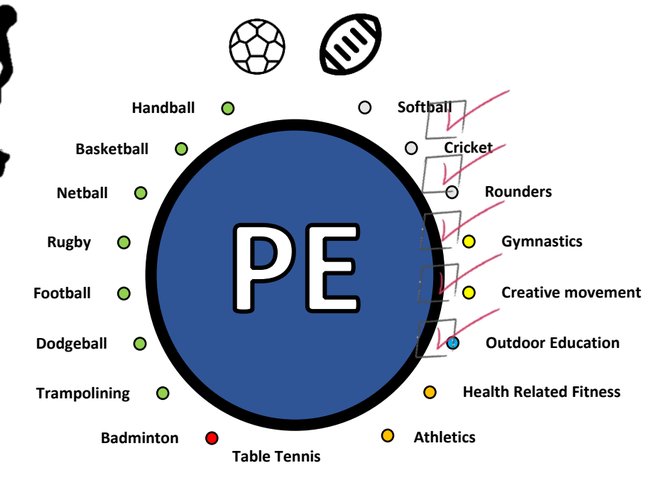
Year 7

CREATING A LOVE FOR PHYSICAL EDUCATION

Believing in myself and ensuring social belonging

Year 8

Importance of PE

Healthy Active Lifestyle- lifelong participation

- Teaches Self Discipline
- Improves Physical Fitness
- Develops Leadership Qualities
- Improves Academic Performance
- Develop Healthy Social Interactions
- Contributes to a Positive Mental Health
- Improves Self-Confidence & Self-Esteem